Carolina country

June 2018

Exploring the Carolina Coast

Starting on page 8

Published by NC Electric Cooperatives

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Your Touchstone Energy® Cooperative
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Cooking with magnets

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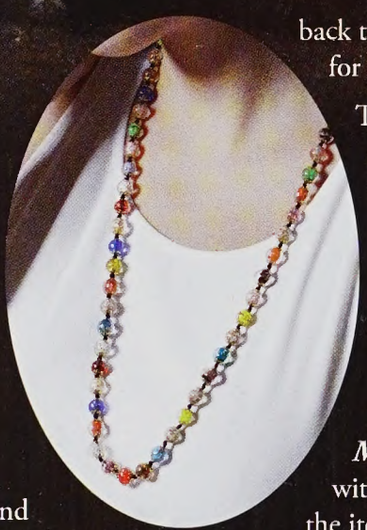
Wear the Colors of Italy's Legendary Regatta

To show exquisite details, necklace shown is not exact size.

Raffinato™ Italy

The Regata Storica started in 1489, when the beautiful Caterina Cornaro, wife of the King of Cyprus, renounced her Cypriot throne in favor of Venice. The people of Venice welcomed her with a parade of elaborately-decorated gondolas, in a rainbow of popping colors. Every year since, the spirit of 1489 is recaptured in those world-famous canals when the famous Regata is repeated.



Our *Cornaro Necklace* is the essence of Venice, with the revelry of the Regata channeled into one perfect piece of jewelry. The gorgeous colors recall the Regata itself, and the 59 beads of authentic Murano are the only thing as historic and uniquely Venice as those gondolas. Each necklace is handmade by the legendary Murano glassmakers, where the proud Venetian tradition has been passed down from generation to generation, dating back to before the city threw that first famous party for Caterina.

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— The New York Times

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On the Cover

Bountiful seashells are just one of the many reasons we treasure our Coastal region, a few types of which are featured here. Read more starting on page 8. (Can you identify these shells? Check yourself on page 11.) Watercolor by Gary Palmer, a member of Union Power Cooperative.

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Eastern North Carolina is served by 14 electric co-ops and is rich in cultural, historical and culinary gems.

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A Bladen County woodworker is hand-crafting duck calls after a career in cabinetry.

ONLINE GIVEAWAY

'Seashells of North Carolina'

We've partnered with North Carolina Sea Grant to give away five copies of this spiral-bound guide.
See page 10 for details.

Carolina country

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North Carolina's electric cooperatives provide reliable, safe and affordable electric service to nearly 900,000 homes and businesses. The 26 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

Why Do We Send You Carolina Country Magazine?
Your cooperative sends you Carolina Country as a convenient, economical way to share with its members information about services, director elections, meetings and management decisions. The magazine also carries legal notices that otherwise would be published in other media at greater cost.

Your co-op's board of directors authorizes a subscription to Carolina Country on behalf of the membership at a cost of less than $5 per year.

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Tapping the Evolving Benefits of Electricity

By Diane Huis

When electric co-ops first began delivering power to their communities, electrification changed everything. From simple things, like steady, dependable light replacing flickering lamps and candles at night, to transforming the business of farming and spurring an industrial revolution—these first acts of innovation developed into a full culture of innovation that is now leaps and bounds ahead of its starting place.

The electric grid is now more interconnected and flexible than ever because of the way technology is being incorporated. Advanced metering and infrastructure, as well as automated sensors throughout the grid allow for better monitoring and control of electricity. With this environment in place, we are entering a new era of electrification: We call it beneficial electrification.

Beneficial electrification refers to the change in how people and businesses use energy, switching from fossil fuels at the end-use to electricity. Currently, electricity accounts for 20 percent of the country's total energy mix; as this percentage grows, we'll see an overall reduction in emissions economy wide. The switch to electricity can also lower costs for both utilities and consumers, through a more efficient utilization of the power grid, reduced fuel and maintenance costs for electric vehicles, and lower operating costs for advanced industrial equipment.

Electricity is a cleaner form of energy than power produced by using fossil fuels on-site. North Carolina's electric cooperatives have a fuel mix that is low in carbon intensity (see page 7 for more about our fuel mix). As the fuel mix becomes even cleaner, the focus needs to broaden from finding more efficient ways to use electricity to finding the most efficient ways to use energy overall. In many cases, this means going electric.

Transportation is a great example. Transportation accounts for 40 percent of the overall energy mix, and two-thirds of that is consumed as gasoline by cars. Costs are dropping for electric vehicles (EVs), and more automobile manufacturers are now expanding their fleets of EVs. In fact, the Electric Power Research Institute (EPRI), a nonprofit research organization, recently published "A U.S. Consumer's Guide to Electric Vehicles" (bit.ly/epri-ev-guide) that projects the 40 models of EVs currently available to grow to 90 models by 2022. As electric cars are charged using electricity, electricity usage and the demand on the grid will go up. This would be an overall beneficial change—the better "tank to wheels" efficiency of electric vehicles and the diverse fuel mix being used to generate electricity result not only in overall energy savings, but also in a reduction in emissions.

There are huge opportunities here for transportation in general. Think of farm equipment, forklifts, golf carts, ferries and trucks. A shift to electric forklifts would provide additional health and safety benefits for employees who drive the forklifts, often in tight quarters. (No more breathing exhaust fumes!)

Not only are North Carolinians concerned about local and regional air quality in our beautiful state, we also care about water quality. Along these lines, EPRI is exploring new manufacturing technologies that, in addition to increasing efficiency, result in less handling of chemicals and better use of our natural resources.

Beneficial electrification is an important part of how North Carolina's Electric Cooperatives are working together to build a brighter energy future. We are excited about the benefits it can bring to our electric cooperative communities, from reduced costs and economic development to cleaner air and water, and an overall improved quality of life.

Diane Huis is vice president of Resource Planning and Portfolio Management for North Carolina's Electric Cooperatives.

Tom Brennan

THIS MONTH'S ISSUE:

Our Coastal Region

In this month's issue of Carolina Country, we're pleased to highlight Eastern North Carolina and a few of the people and places that make it such an amazing area to live and visit. This regional issue is the first in a series. Look for our Piedmont Region issue in August and our Mountain Region issue in October. Wherever you find yourself in NC, rest assured that you're never far from one of North Carolina's electric cooperatives, which serve a combined 1 million homes and businesses across the state.

—Scott Gates, editor

Matthew Brown ▸ **Carolina Country**
April 28 at 10:03am

Me and my buddy Zowie enjoying a light snack and some local reading.

Like Comment Share

Carolina Country Zowie's got great taste in reading materials!

Matthew Brown she loved it to pieces. Lucky for me I had already read it.

Contact us

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Experiencing a power outage?
Please contact your electric co-op directly to ensure prompt service. Visit carolinacountry.com/co-ops to find yours online.

Happy Birder

Thank you for the article on the Sylvan Heights Bird Park in Scotland Neck in the April 2018 edition of Carolina Country ("How to Become a Birder in Time for Spring," page 18). My husband and I had never heard of this park, and your article inspired us to go for a visit. What a great day we had walking along the trails of this 18-acre park and photographing the exotic birds! Many of the areas allowed guests close-up access to the birds, and as a result, we came home with lots of fun photos.

Janis Harless, Jefferson, a member of Blue Ridge Energy

Straw Bale Questions

Q: My straw bale gardens ("Garden Hacks to Save Space & Money," March 2018, page 14) are covered in mites. I used an organic mite spray that is usually for chicken pens, but I understand that surface spraying will not fix the problem. Are my bales unsalvageable?

Anna, submitted on carolinacountry.com

A: Get some Dr. Bonner's Pure-Castile liquid soap, sold at many grocery stores. Mix 1 quart water to 1 tablespoon soap. Pre-soak the affected bales with water and then drench them with the soap mixture. Plan to drench three days in a row to completely rid the bales of the mites.

Mites are a nuisance, but they are not really going to have much of an effect in the long run on most plants.

Joel Karsten, author of "Straw Bale Gardens Complete"

Q: I placed straw bales for my garden string-side out with cut edges exposed upwards, but your article said to place them string-side down. Which is correct?

Carl Radford, Dallas, a member of Rutherford EMC

A: The article in our March issue incorrectly said to place bales "string-side down, cut edges exposed upward," which is not possible given how straw is baled. Joel Karsten, a straw bale gardening expert and source for the article, recommends placing them string-side out with cut edges exposed upwards. String-side down placement will work as well, although it is not recommended for natural fiber strings, which will decay rapidly if placed along the ground.

Mary Powell discussed how her investor-owned utility is seeing great success by following the co-op model of putting consumers first.

NC Co-ops Discuss Innovation, Service at Annual Meeting

North Carolina electric cooperative leaders met in Raleigh this April for the 2018 Statewide Annual Meeting. Speakers and presentations addressed topics related to the meeting theme, "Energy Solutions: Inspired by innovation, driven by service."

A youth leadership panel reflected on the meeting theme as it relates to navigating high school, college and early career paths. Panelists included Shakera Davis, a former Tideland EMC Youth Tourist; Jeremy Dewberry, Communications Specialist at Four County EMC; and Chetan Singalreddy, 2018 Youth Leadership Council representative and EnergyUnited Youth Tourist. The group discussed their goals and inspirations, as well as views on the role of innovation in communities.

"The most important thing about innovation is not being afraid to get out there and do something different," Davis said. "To be innovative is to wake up every morning and say: Can I be better than the person I was yesterday?"

Other speakers included Mary Powell, CEO of Vermont-based Green Mountain Power, and Dale Lambert, board president of the North Carolina Electric Membership Corporation and CEO of Randolph EMC.

Lambert pointed to an Aladdin kerosene lamp on stage as an example of innovation in its day, going on to discuss his co-op's early leaders, innovators in first connecting members' homes for electric service.

The youth leadership panel discussed innovation in communities.

"So what story will we write? Twenty, thirty years from now, what stories will be told about the co-op leaders here in this room and across North Carolina?" Lambert asked the crowd. "We have a great opportunity to write that story. Strategically, we're on the right track to ensuring we're serving that member at the end of the line in the best way possible."

NCEMC President Dale Lambert

Who's Who at the Annual Meeting

STATEWIDE LEADERS

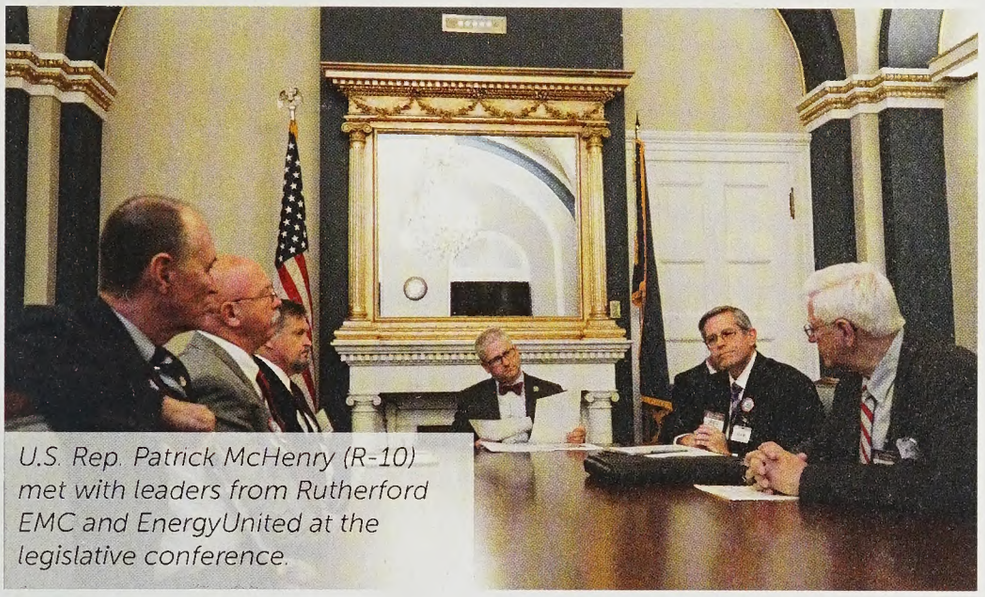
The following were elected to 2018–2019 board leadership positions:

- **NCEMC (power supply):** President Dale Lambert, Randolph EMC; Vice President Paul Spruill, Tideland EMC; Secretary-Treasurer Greg Puckett, Surry-Yadkin EMC.
- **NCAEC (co-op services):** President Bill Barber, Piedmont Electric; Vice President Max Walser, EnergyUnited; Secretary-Treasurer Jeffrey T. Clark, Jones-Onslow EMC.
- **TEMA (material supply):** District I, Gregory Puckett, Surry-Yadkin EMC; District II, J. Michael Davis, Tri-County EMC; District III, John W. Spence, Albemarle EMC.

YOUTH LEADERSHIP SCHOLARSHIPS

The North Carolina Association of Electric Cooperatives awards three scholarships each year to Youth Tour participants from the past year: **Julia Murrow (Rutherford EMC)** received the Katie Bunch Memorial Scholarship; **Emily Eget (Union Power Cooperative)** received the Gwyn B. Price Memorial Scholarship; and **Chetan Singalreddy (EnergyUnited)** received the Youth Leadership Council Scholarship.

carolinacountry.com/extras
Watch videos providing a snapshot of each scholarship winner's life.



U.S. Rep. Patrick McHenry (R-10) met with leaders from Rutherford EMC and EnergyUnited at the legislative conference.

U.S. Rep. G.K. Butterfield (D-1) met with leaders from Piedmont Electric, Edgecombe-Martin County EMC, Wake Electric and Halifax EMC.

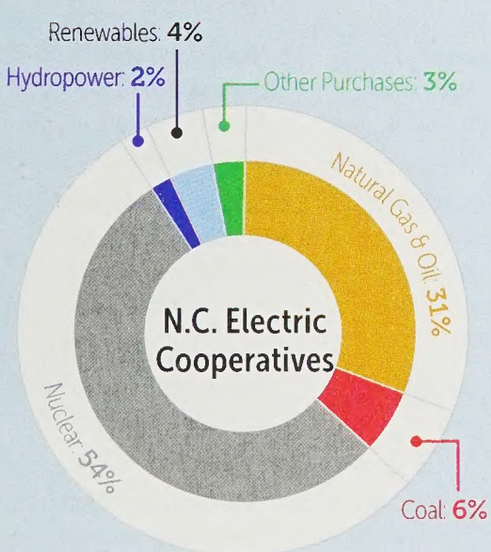
NC Co-ops Discuss Key Issues on Capitol Hill

More than 100 leaders representing 23 North Carolina electric cooperatives traveled to Washington, D.C., in April to meet with members of our Congressional delegation and discuss issues important to electric co-op members. The group joined 2,000 others from electric co-ops across the country as part of the 2018 National Rural Electric Cooperative Association Legislative Conference.

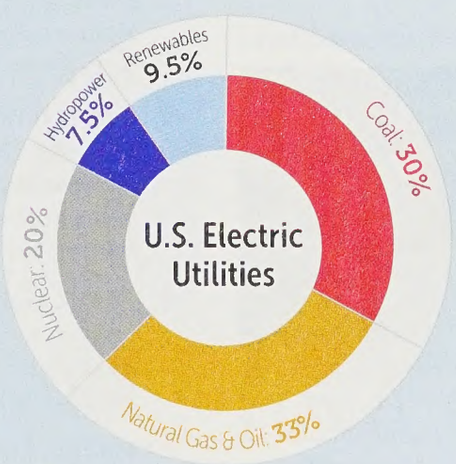
North Carolina co-op leaders met with Senator Thom Tillis, staff from Senator Burr's office, and Representatives or staff from each of the state's 13 congressional districts, to advance key issues important to co-op members such as rural broadband investments and rural development funding (including funding for the USDA Rural Utilities Service's electric loan program, the Rural Economic Development Loan & Grant program, the Rural Energy for America Program, and the Rural Energy Savings Program).

"The North Carolina co-op delegation used this opportunity to advocate for several cooperative priorities currently up for debate in the Farm Bill," said Jay Rouse, Director of Government Affairs for North Carolina's Electric Cooperatives. "When our elected officials make decisions affecting the cooperative way of life, they remember feedback from their cooperatives back home."

Where Our Power Comes From



*Based on current NCEMC data



*Based on current EIA data

North Carolina's electric cooperatives work hard to provide you with safe, affordable, reliable and environmentally-responsible electricity. This fuel mix includes assets owned by the North Carolina Electric Membership Corporation (NCEMC)—the Raleigh-based power supplier serving most of the state's electric cooperatives—as well as distributed generation resources and power purchased from other generators.

You'll notice NCEMC's generation relies on fewer fossil fuels than electric utilities nationwide. Like a good investment portfolio, a diverse fuel mix helps ensure reliability and affordability for consumers.

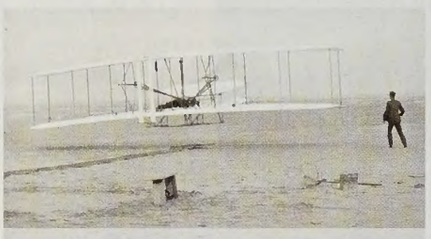
GETTING TO KNOW

Eastern NC

Coastal Region Facts

1 First light!
On April 17, 1937, the first switch was thrown at Edgecombe-Martin County EMC's Eason-Tarboro substation, jumpstarting rural electrification efforts in North Carolina.

2 First in flight
As our license plate proudly proclaims, it was over the breezy sands of Kill Devil Hills that the Wright brothers first took flight. Although the Wright Flyer that made history that day in 1903 was flipped by strong winds after four flights and never flew again, pieces of it did eventually soar even higher: astronaut Neil Armstrong took a piece of wing fabric and a bit of propeller with him on the first moon walk.

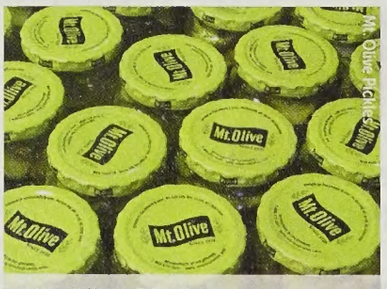


The Wright Brothers at Kitty Hawk

3 First in independence
April 12 marks the adoption date for the Halifax Resolves, which in 1776 declared independence from King George—predating the July 4th Declaration of Independence.

4 Barbecue heritage
There is no shortage of pit masters in the region serving up slow-cooked pulled pork sauced with a blend of vinegar and spices—the "Eastern-style" of barbecue that put the region on the map. We dare not wade into the debate over which style is best, but it is this vinegar-based recipe that is truest to the origins of barbecue, according to the Southern Foodways Alliance. It likely evolved from Caribbean cooking.

5 Pickle power
NC State University researchers conducted fermentation experiments at Mt. Olive Pickle Company in the 1960s and '70s, leading to more precise fermentation and better pickles throughout the industry. Currently, researchers from NC State University, the University of North Carolina at Chapel Hill, East Carolina University and the Coastal Studies Institute are exploring ways to use waste brine to produce electricity through a chemical reaction.



Mt. Olive Pickles

Eastern NC Co-ops

Eastern North Carolina, defined for our purposes as what's east of I-95, is served by 14 electric cooperatives that bring power to more than 450,000 consumers, combined. And although many visit the area to sun on some 300 miles of beach, the Inner Coastal Plain is rich in cultural, historical and culinary gems.

1 Albemarle EMC
Headquarters: Hertford
Members served: 12,800
Miles of line: 1,366

2 Brunswick Electric
Headquarters: Supply
Members served: 88,100
Miles of line: 6,485

3 Cape Hatteras EC
Headquarters: Buxton
Members served: 7,400
Miles of line: 338

4 Carteret-Craven EC
Headquarters: Newport
Members served: 39,700
Miles of line: 2,393

5 Edgecombe-Martin County EMC
Headquarters: Tarboro
Members served: 11,300
Miles of line: 1,441

6 Four County EMC
Headquarters: Burgaw
Members served: 32,900
Miles of line: 5,000

7 Halifax EMC
Headquarters: Enfield
Members served: 11,700
Miles of line: 1,670

8 Jones-Onslow EMC
Headquarters: Jacksonville
Members served: 74,600
Miles of line: 2,359

9 Lumbee River EMC
Headquarters: Red Springs
Members served: 57,600
Miles of line: 5,600

10 Pitt & Greene EMC
Headquarters: Farmville
Members served: 8,700
Miles of line: 1,072

11 Roanoke Electric
Headquarters: Aulander
Members served: 14,100
Miles of line: 1,642

12 South River EMC
Headquarters: Dunn
Members served: 44,200
Miles of line: 5,420

13 Tideland EMC
Headquarters: Pantego
Members served: 22,900
Miles of line: 2,538

14 Tri-County EMC
Headquarters: Dudley
Members served: 24,600
Miles of line: 2,527

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Shelling by the Seashore

Be in the right place at the right time to find treasured shells

By Joan Wenner

Who at some time or another hasn't walked along a beach scanning downward for shells? Along coastal North Carolina can be found some of the best spots for the most ardent of beachcombers. Any section of beach along our state's 300 miles of coastline can yield a prize, although there are some tricks to upping your odds for rare finds.

Shells of many varieties, driftwood and objects of flotsam and other "treasures" can wash up on our beaches due to the tides and waves. The hour on both sides of low tide tends to be the most productive, and shelling is particularly good after a big storm—especially if the wind was blowing from the east, according to the North Carolina Coastal Federation.

But where to explore? Cape Hatteras National Seashore through Dare County is a well-known shelling hotspot, but it's not the only mecca for beach finds. While many collectors swear by Ocracoke Island beaches in Hyde County, and the remote Portsmouth Island and Core Banks in Carteret County for spotting prized shells like the Scotch bonnet (the state shell of North Carolina), several other coastal areas provide excellent opportunities for such finds.

Wherever you find yourself on the NC coast, there is rarely a bad day for shell hunting, and unusual specimens never cease to fascinate those who investigate and appreciate their finds. A final tip from the pros: Sift through the seaweed for your beauties, and when waters are calm, get your feet wet—some of the best shells are just off the shoreline!

Carteret County

Shackleford Banks at the southern end of the Cape Lookout National Seashore is home to sweeping dunes and a shelling haven reached only by boat (ferries run from Beaufort and Harkers Island). One local attributes the trove of "unbelievable shells" to tidal action on the ocean-facing beach. Walk into a foot of water, he advises, feel with your feet, and pull huge shells out of the sand.

Onslow & Pender Counties

The popular Hammocks Beach State Park offers ferry rides to Bear Island, a remote haven for shells and Keyhole sand dollars. The northern most section of Topsail Island (North Topsail Beach) is typically less crowded, meaning fewer fellow beachcombers to compete with.

New Hanover County

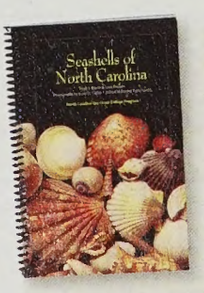
Figure Eight Island, Wrightsville Beach, Carolina Beach and Kure Beach in the Cape Fear coastal area are not unusually crowded even throughout most of the summer, much to the delight of shell seekers.

Bo Dean, a New Hanover County government employee and avid kayaker, says at low tide, Wrightsville Beach is a reliable source of tulip shells, identified by interrupted black lines across the shell surface, and sea urchins. Shell expert John Timmerman, who co-chairs the popular annual NC Shell Show (ncshellclub.com) with Karlynn Morgan, has worked more than 25 years for New Hanover County in visual arts and exhibit design. Catch the 2018 Shell Show Sept. 27–30 at the Coastline Conference and Event Center in Wilmington, or view Timmerman's exhibits nearby at the Cape Fear Museum.

Brunswick County

Along our state's southeastern-most coast are white powder beaches often promoted as among the most beautiful on the East Coast. The "Brunswick Islands"—including the communities of Ocean Isle Beach, Holden Beach, Oak Island, Caswell Beach and Southport—are well known for being a shell looker's paradise, with nearly 45 miles of beach to explore. Near the South Carolina border, the undeveloped Bird Island is a protected beach accessible by foot from Sunset Beach. While there, leave a note in the Kindred Spirit mailbox, which keen-eyed readers will recognize from the cover of the April 2015 issue of Carolina Country.

Joan Wenner, J.D., is a writer residing in Pitt County. She welcomes comments at joan_writer@yahoo.com.



Beach bound?

Share your beautiful, remarkable, or unique "seashell find" on Facebook or Instagram for a chance to win! Post your shell photo from a North Carolina beach, then tag it with **#CarolinaCountryShells**. We'll randomly pick five readers to win a copy of Seashells of North Carolina, courtesy of North Carolina Sea Grant. Plus, we'll feature the winners on our social channels! Details and full rules available at carolinacountry.com/CCshells.

Shells of North Carolina

Paper Nautilus
- Paper-thin and quite rare
- From a relative of the octopus
- Shell is actually an eggcase generated by females to protect them from predators

Olive shells
- Gorgeous conical variety resembling long, pointed tubes
- Long opening with shades of pink or even dark purple inside

Scotch Bonnet
- Fragile, a complete specimen is always prized
- Designated the state shell in 1965
- Best found between Cape Hatteras and Cape Lookout

Moonshells
- Sometimes called "Shark Eye"
- Pale grey exterior with bright blue spot near the opening

Coquina clams
- Colors range from pale pink and purple, to bright yellow and orange
- Live clams can be found actively digging into wet sand between waves

Keyhole urchin (sand dollar)
- Easily identified by the distinctive five-holed perforations
- Hard white shell, but can also be tan, brown or dark grey or green

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OUTDOOR ACCESS

Wartime on the Outer Banks

REMEMBERING LIFE ON THE NORTH CAROLINA COAST DURING WORLD WAR II

Story and photos by Leah Chester-Davis

On a soggy spring morning last year on Ocracoke Island, the clouds gave way to sunrays just as the plaintive tunes of bagpipes beckoned islanders and visitors to a small cemetery. Tucked back on a quiet spot on British Cemetery Road is the plot where four British sailors were laid to rest in 1942. They lost their lives patrolling and defending shipping lanes off the Carolina coast during World War II.

Each year, islanders and visitors gather to remember their sacrifice, and 2017 marked the 75th memorial service. The day before, islanders, special guests and dignitaries had gathered on neighboring Hatteras Island at the Buxton British Cemetery for a memorial observance for two British sailors who washed ashore there during World War II.

Unbeknownst to many, German U-boats, or submarines, plied the waters just off the Outer Banks of North Carolina during World War II. Their intent was to disrupt busy sea lanes up and down the Eastern Seaboard, particularly off the coasts of New York, Cape Hatteras and Florida. The Germans sunk nearly 400 merchant vessels headed to England with badly needed food and war material, earning the area the moniker Torpedo Junction and contributing further to the area known as the Graveyard of the Atlantic.

U.S. Army Chief of Staff George C. Marshall was quoted as saying in June 1942, "The losses by submarines off our Atlantic Seaboard and in the Caribbean now threaten our entire war effort."

Frieda French and Thomas Cunningham

British sacrifice, remembered

Frieda French

Chief Homer S. Gray

Because the United States was new to the war effort in 1942 and the eastern seaboard was quite vulnerable, the British Royal Navy provided a flotilla of 24 trawlers to patrol the coast for German submarines. The HMT Bedfordshire was one of those ships. On May 11, 1942, it was torpedoed by a German submarine and sank about 40 miles south-southeast of Cape Lookout. All of the sailors on the HMT Bedfordshire were killed.

The bodies of two, Sub-Lieutenant Cunningham and Ordinary Telegraphist Second Class Craig, washed ashore on Ocracoke. Two other bodies were later found and remain unidentified.

Frieda Gray French, now 81, was just six years old at the time. Her father, Homer S. Gray, was chief of the Coast Guard base on Ocracoke. "He was the one they brought the bodies to when they washed up on the shore," she said. "He helped bury them." They were buried with military honors.

French, who lives in Elizabeth City, traveled to the 75th memorial ceremony to pay respects and to meet Thomas Cunningham, the son of one of the British sailors whom her father buried. She and her daughter, Sharon Stanley, talked about how meaningful the ceremony was.

"I really wanted Mom to meet Mr. Cunningham," Stanley says, looking back on the ceremony. "I thought it was pretty neat that 75 years later the children [of the Coast Guard officer and a British sailor] could meet. People would not believe how much the military and the community did for that memorial service. There were a lot of dignitaries who flew in. It was very impressive."

Among those participating in the 2017 ceremonies were representatives from the U.S. Coast Guard, the Canadian Forces Naval Attaché, the British Naval Attaché, the National Park Service, the U.S. Coast Guard Pipe Band and Coast Guard Auxiliary, the Graveyard of the Atlantic Museum, schools, and Boy Scout and Girl Scout troops.

French says she remembers as a child being at an older neighbor's house in Avon and wanting to go home. "She said you can't, because the Germans are hiding over in them woods," French recalls. "I never forgot that." It was in the evening and her neighbor was concerned about using a lantern. "She was afraid."

At that time, residents on the Outer Banks adhered to a blackout policy to avoid being spotted by the Germans. While there were rumors about Germans being on the island, the Germans that French's neighbor spoke of were likely on submarines off the coast.

Witnesses to history

Brothers James and Carroll Gray, Cape Hatteras Electric Cooperative members, also attended the British Cemetery Ceremony on Ocracoke for its 75th anniversary. Though they are not related to French, their father, who also was in the Coast Guard and served at Buxton, knew hers.

World War II hit close to home for the Gray family. Their father, Cyrus Gray, was among the first contingent to land on Guadalcanal, part of the Pacific theater and the first major offensive by Allied forces against Japan. His ship was torpedoed and he was badly burned, hospitalized for about six months before being sent home to North Carolina.

When the Gray brothers were 10 and 11, they witnessed the burial of two British sailors whose bodies had washed up near Buxton. The men were from the San Delfino, a British tanker.

"I was at the grocery store in the village to pick up an item for my mother," Carroll remembers. "Somebody mentioned they heard that a sailor had washed up and the funeral was going to be the next afternoon. I went home and talked to Jim, and we decided since we had never been to a funeral and had never seen a dead person that we would go. We snuck off and walked out to the beach to the service area. We were the only civilians, except for the minister, out there."

While word of two sailors washing ashore was big news, the brothers explained that many people weren't aware of the war being so close to the Carolina coast.

"Generally, it was a pretty well-kept secret I think as far as the information that all of these ships were being sunk," James says. "My brother and I walked the beach fairly often, and you could see the ships because they were running fairly close to the beach to stay away from submarines. It was not unusual to hear an explosion when a ship got torpedoed."

"You would go out the next day and you would see it burning and sinking," says Carroll. "We went out a lot of times just to look for debris on the beach. That is where I first became aware of instant coffee. There were thousands of little round cans, like snuff cans I guess. The instant coffee washed up on the beach and all kinds of other debris."

"A lot of oil was shipped in five gallon buckets. A lot of times we would salvage the five gallon cans of oil and drag them across the beach and then sell them," James adds. "We got 50 cents for a five-gallon can of oil from the local stores."

In addition to families using blackout curtains at night, James says anyone who had a car painted the upper half of the headlights black so they wouldn't be seen from a distance.

"There were an awful lot of ships sunk off the coast here," James says. "Most of them were at night, and they were loud enough to wake you up."

Manson Meekings

The burial of British sailors at Buxton

Carroll Gray (center) and James Gray (right)

A Storied History

The Outer Banks' World War II history is a fascinating chapter in our state's story. Resources for further reading include:

- "U-Boats off the Outer Banks: Shadows in the Moonlight," by Jim Bunch
- "In Some Foreign Field: Four British Graves and Submarine Warfare on the North Carolina Outer Banks," by Van Loan Naisawald
- "Torpedo Junction," by Homer H. Hickam, Jr.
- "War Zone: World War II Off the North Carolina Coast," by Kevin P. Duffus

Leah Chester-Davis loves to explore North Carolina. Her business, Chester-Davis Communications (chester-davis.com), specializes in food, farm, gardening and lifestyle brands and organizations.

Inspired Calling

Kemp Barber is hand crafting duck calls after a career in cabinetry

By Gordon Byrd | Photos by Claire Witmore

Flakes of paint peel off Kemp Barber's woodshop doors as he pulls them open in the cool morning air. His olive green lathe is stationed against the back wall, where a half-dozen cutting tools hang conveniently in a custom-made cabinet.

This is where he makes duck calls.

Blocks of wood dry in stacks along the eastern wall. Mahogany, hard maple, quilted ash, Chinese privet, walnut, redwood, and a few other hues and textures decorate the walls of his Bladen County workshop. These small blocks of wood are the canvas and the lathe is Barber's paintbrush.

The wood, like Barber, grew up around the Cape Fear River. The maple tree he is drying was felled by Hurricane Matthew in a soggy marsh behind his house. Only the mahogany and redwood were imported, the latter a leftover from a two-decades-old side project.

Before carving duck calls from mahogany, Barber was a cabinet maker. He didn't apply his hands to calls until August 2017. Making duck calls wasn't even a hobby—he was in a band. Judge Scott Ussery remembers hearing Barber's band, Diamondback, playing in a run-down shack in Elizabethtown off of Mercer Mill Road.

"He is amazing on the guitar," Ussery says, remembering watching the band during his high school years.

Barber fits a peg-shaped block of privet to the chuck, then the lathe begins to whirl in a continuous, rhythmic bass. The gouging tool touches the hardwood in a steady sonorous treble. He points to a

collection of carving tools behind the lathe. "This is the skew, and a parting tool, and I do not know what this one is called. But I know what to do with it," he says as he demonstrates its purpose on the barrel insert of the Arkansas-style duck call he is turning.

Curled shavings tumble off the edge of the turning tool. Barber grabs another, more pointed tool and carves three quick grooves. He doesn't measure, but the spacing is flawless. Then he applies a thin steel wire to each grooves and within seconds a wisp of smoke rises. The contrast between the pearly white privet wood sets off the burn marks made by the wire.

"I have a vocabulary of shapes and tricks I learned from my years working in cabinetry and making furniture," he says as he brushes off fine shavings from the duck calls' bugle-like curves.

Strong, nimble fingers guide the tool along the thin, narrow portion of the insert until the diameter is $\frac{5}{8}$ of an inch. Rather than grab a caliper to measure the width, Barber reaches for a $\frac{5}{8}$ wrench.

The simple shortcuts do not stop there. The lathe he received after leaving high school in 1983 has his own fabrications to increase stability and certain jigs for duck calls. The casing for a ball point pen helps guide the lathe along a tapering edge.

"You learn to improvise, because a lot of the tools you can't find in a hardware store."

Holding a three-string cigar-box guitar he's made, Barber, who is partially deaf in one ear, says, "sound is something you can feel as well as hear."

The guitar sits idle on his lap while he explains the high and low ranges of a duck call, versus the more segmented goose calls.

For a hailing call, when the ducks are flying over and passing by, a longer barrel insert will reach them. If the ducks are on the wrong side of the pond and the hunters want to bring them closer with a feeding call, then a shorter barrel insert will be more effective.

Both sizes, when blown loudly, do just fine to attract trade show customers.

Gordon Byrd is a veteran who works for UNC Pembroke. He tries to keep things interesting with a little homebuilding, some writing, triathlons and time with family and church.

More information about Barber's business, AKB Game Calls, is available at Facebook.com/kempbarber1965.

carolinacountry.com/extras
Watch Barber in action as he turns calls in his White Oak-based workshop.

House hunting?

Use this checklist before you make an offer

House hunting can feel like an adventurous new chapter in your life, and it's easy to fall in love with a property at first sight.

Not so fast. Before making an offer on any property, it's smart to take a deeper look to make sure warning signs of major and costly problems are not hiding in plain sight. If the house has bigger issues than your budget (and your drive to renovate), it might be best to walk away.

Once the offer is accepted, it's always wise to hire a third-party home inspector to take an in-depth look at the property. In the meantime, a pass-through with this list in hand can help you assess whether or not to take the next step.

1 Exterior

Walk around all four sides of the house, scanning it from ground to rooftop. Note the condition of the doors and window frames, and look for cracked or peeling paint or signs of loose siding. Higher up, eye the chimney, making sure it appears straight and is in good condition, while the gutters and drainpipes should be in place and functional.

2 Roof

Ideally, the roof would be 10 years old or less. Scan it carefully for things like curled and missing shingles, dark stains, moss growth and sagging, which can signal serious issues. (A home inspector can confirm if a full replacement is needed, or if a few simple repairs would suffice for another decade or so.)

3 Yard

Is there a slope angled away from the house, or is there a potential for a flooded basement after a hard rainfall? Mature trees provide beauty and shade, but watch for overhanging and/or dead branches. These can break off in a storm and do major roof damage. Finally, note the condition of the driveway and sidewalks.

4 Foundation

A few hairline cracks in the cement is no cause for panic. Do look for telltale signs of serious issues, such as widening cracks, water stains and bulges. It doesn't hurt to bring a level to make sure the walls are straight.

5 Plumbing

Checking basement and under-sink pipes for signs of leaks, and scan the ceilings for water stains. Open all faucets to check the water pressure and assess how long it takes for hot water to reach taps.

6 HVAC system

Know the age of the heating and cooling systems, and check them for tags and other signs of routine maintenance. If the systems are older than a decade, that can spell costly repairs and/or replacements in a shorter time frame for you versus newer systems. When it comes to older systems, energy efficiency is another consideration, advises Tom Tasker, product manager with Champion. Newer HVAC systems are much more efficient when compared to those from even a decade ago, he notes.

Older appliances tend to consume more energy and require a shorter timeline for repairs and replacements.

7 Appliances

Note the age and condition of the refrigerator, oven and range, washer and dryer, and hot water heater. As with the HVAC, older appliances tend to consume more energy and you'll likely face a shorter timeline for repairs and replacements.

—Brandpoint

Now Playing

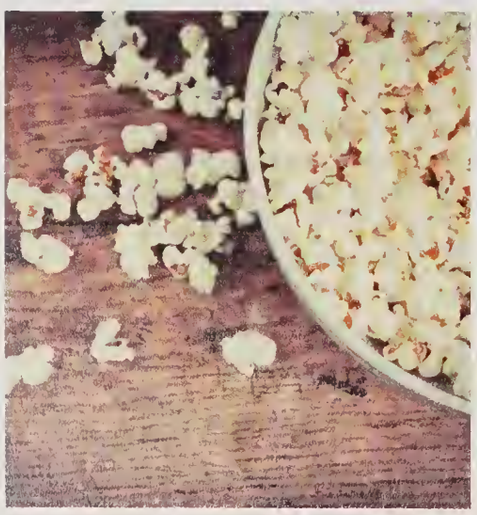
Gear up for backyard summer movie nights

Looking for ways to get the most out of warm summer evenings? Consider creating your own outdoor home theater. With the right equipment and planning, you can enjoy your favorite movies under the stars, and the most difficult part will be picking out the movie. Here five things to consider when setting things up:

1 Placement

To begin designing your home theater space, determine where to place your screen. You want it positioned where there is minimal light once the house lights are off and the sun has set. There should be ample space for guest seating, and room for the projector's image throw distance. For optimal image quality, your projector should be elevated.

It's good to limit ambient light as much as possible, but it's also important to keep your walkways lit. Solar LED pathway lights are a tasteful accent that will help keep your guests safe.



Don't forget the fresh popcorn!

2 Equipment

Since outdoor settings include light sources not always within your control, such as street lights and moonlight, choosing a projector with the right lumen level for your space is critical for clear image projection. As a rule, the more ambient light in your backyard, the higher you want your projector's lumen level to be.

The second component is quality sound. Get an audio source with enough output to cut through ambient noise. For simplicity and convenience, consider purchasing an all-in-one outdoor movie theater kit. The kit offered by Improvements is among those on the market and includes a weather-proof, Wi-Fi enabled projector.

3 Seating

Arrange lawn chairs or other lightweight pieces such as wicker chairs together so they face the screen, with room in between to place beverages and snacks. Consider placing furniture over an outdoor rug if your grouping is on a solid surface such as a smooth patio. It's considerate to accommodate seating preferences for guests of all ages. For example, if you are entertaining another family, buy outdoor beanbags for the kids to sit in and ottomans so parents can put their feet up.

4 Bug prep

Spray the area for mosquitoes and other insects before guests arrive, and keep additional pest control solutions on hand.

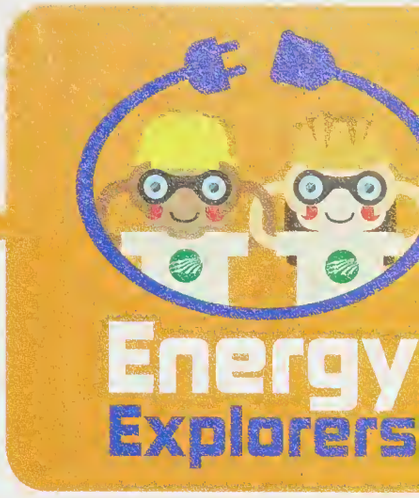
5 Games & snacks

While waiting for the sun to set before starting the movie, have some activities planned for your guests to pass the time. Cornhole (where you toss a small beanbag into a hole in a board) has become increasingly popular for teens and adults. You can also have children play old-time games traditionally played in front of drive-in screens before the big movie started. Examples include freeze tag (a variation of tag, where the person who is "it" tags you, causing you to freeze until another participant can un-freeze you).

Don't forget the fresh popcorn (and other classic cinema snacks)! But your outdoor movie party can be a fun opportunity to put a twist on theater snacks and serve other treats, such as cut-up vegetables with a tasty dip or strawberries with chocolate sauce in cups.

—StatePoint

Summer Fun Word Search



Summer is such a great of the year! Can you find all the words associated with summer fun in the puzzle below? Use the word bank for help.

T	U	O	K	O	O	C	P	V	R	I	K	P	G	N
X	G	H	M	C	W	Y	E	H	C	U	A	S	K	F
S	E	T	G	I	C	X	L	E	J	P	S	A	S	Q
Y	A	E	E	Q	D	I	C	G	F	I	J	F	H	Q
N	B	O	H	F	I	R	Q	N	M	V	O	I	C	Y
V	Z	P	J	S	E	H	W	O	W	T	T	R	A	I
L	R	K	P	A	U	O	X	D	W	W	Z	E	E	U
S	W	I	M	M	I	N	G	P	O	O	L	F	B	V
C	W	F	D	T	L	R	S	H	G	O	U	L	T	K
O	I	T	H	X	W	Q	N	C	R	H	H	I	C	P
V	B	N	A	M	O	Z	F	K	R	W	E	E	H	D
X	O	U	C	Z	I	N	K	V	D	E	J	S	M	H
Z	J	Z	I	I	P	U	M	Y	L	J	E	P	G	T
U	K	T	R	X	P	K	U	U	L	O	H	N	R	W
O	Y	Z	L	N	G	Q	U	S	G	G	K	R	C	V

Word Bank

- BEACH
- COOKOUT
- FIREFLIES
- ICE CREAM
- PICNIC
- SUNSCREEN
- SWIMMING POOL

For answers: carolinacountry.com/junewordsearch

Getty Images

Whole Grain Goodness

No need to sacrifice flavor for healthy snacks and meals

Delicious, nutritious meals can seem hard to come by. But you don't have to eat bland foods on a nutrient-filled diet. Creative and convenient options can make for tasty, healthy snacks and main courses.

Including grain-based foods as part of a balanced diet can be an essential part of a healthier lifestyle. Yet, research shows most Americans do not meet dietary fiber intake recommendations. Whole grain foods, including buns, rolls, pita and tortillas, help supply dietary fiber, which helps fight belly fat. Grains also provide anti-inflammatory nutrients and can help lower cholesterol levels. Whole and enriched grains supply key vitamins and minerals, such as thiamin, niacin, riboflavin, zinc, selenium and magnesium, and deliver nutrients like iron and folate.

Additionally, enriched grains can play a key role in metabolism by helping the body release energy from protein, fat and carbohydrates. They are also essential for a healthy nervous system and cognitive development. In fact, the vitamins and minerals in enriched grains, like folic acid, are also critical for reducing the incidence of some birth defects, while also promoting cell function and tissue growth.

These recipes make use of whole-grain wheat bread (one of the easiest ways to incorporate grains in meals).

Find additional tasty recipes at grainfoodsfoundation.org.

—*FamilyFeatures.com*

Bacon-Avocado Sandwich

Recipe courtesy of Franz Bakery

- 2 slices whole wheat bread, toasted
- 1–2 leaves lettuce
- 4 slices tomato
- ½ avocado, thickly sliced
- 4 slices maple bacon, fried

Chipotle-Mayonnaise Sauce

- ¼ cup mayonnaise
- ¼ tablespoon adobo sauce
- 1 teaspoon lime juice
- Salt, to taste
- Fresh ground pepper, to taste

For sauce: In small bowl, mix mayonnaise, adobo sauce and lime juice. Season with salt and pepper.

To build your sandwich, spread the sauce across one slice of bread. Top with lettuce, tomato, avocado, bacon and the second slice of bread.

Yield: 1 serving

Grilled Cinnamon French Toast

Recipe courtesy of Oroweat

- ¾ cup milk
- 1 egg
- 1 teaspoon cinnamon
- 4 slices whole-grain nut bread
- ¼ cup granola, for garnish

Strawberry-Banana Sauce

- ½ cup orange juice
- ¼ cup light brown sugar
- 2 tablespoons butter
- 1 teaspoon vanilla
- 1 cup strawberries, sliced
- 1 banana, thinly sliced

For sauce: In saucepan, stir together orange juice, brown sugar, butter, vanilla, strawberries and banana. Simmer over medium heat 5–6 minutes, or until flavors have combined, stirring occasionally.

In a shallow bowl, whisk together milk, egg and cinnamon. Dip slices of bread into milk mixture and cook 2 minutes on each side over medium heat on flat griddle or grill, or until golden brown.

Top French toast with strawberry-banana sauce and granola.

Yield: 2 servings

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Watch a family nutrition expert share tips for meal planning with whole grains.

Bacon-Avocado Sandwich

Getty Images

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- Heel Pain
- Back/Knee Pain
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Tar Heel Tidbits

For the young (and young at heart)

So Much to Do at Zoos

A new attraction at the North Carolina Zoo near Asheboro highlights exotic birds. The fast-paced "Birds in Flight" features majestic macaws, sun conures, falcons, hawks, vultures and owls up close and personal or doing aerial acrobatics under the open sky. Visitors to the zoo—the largest "natural habitat" zoo in the country—also can see a wide range of critters and engage in fun activities such as its Air Hikes Ropes Course. For more information, call 800-488-0444 or visit nczoo.org.

There are also many private and/or family-run zoos in the state to enjoy. Here's a sampling:

Zootastic
448 Pilch Rd, Troutman
888-966-0069 | zootasticpark.com

Lazy 5 Ranch
15100 Highway 150 East, Mooresville
704-663-5100 | lazy5ranch.com

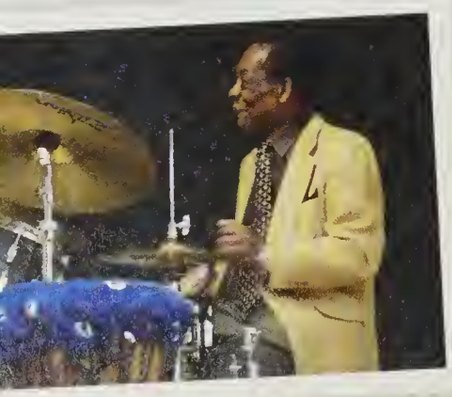
Lynnwood Park Zoo
1071 Wells Rd, Jacksonville
910-938-5848 | lynnwoodparkzoo.com

Aloha Safari Zoo
159 Mini Ln, Cameron
919-770-7109 | alohasafarizoo.org

Have a laugh!

Q: Why don't oysters share their pearls?

A: Because they're shellfish.

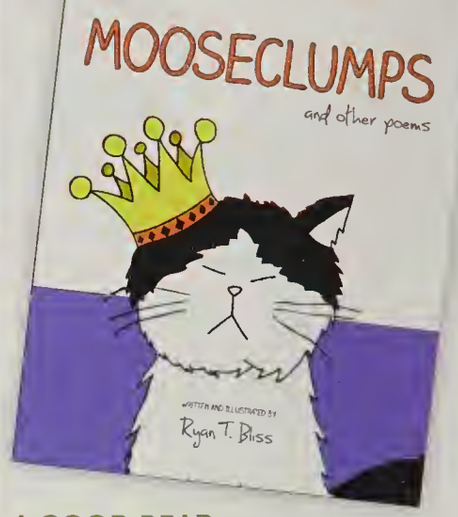


GETTING TO KNOW...

Billy Kaye

This legendary jazz drummer and composer was born Willie King Seaberry in Wilson in 1932. He learned to play drums in the U.S. Air Force, and has performed with jazz titans such as George Benson. Kaye is currently a music educator in the New York City public school systems through the Jazz Foundation in Schools program.

Kaye will perform for the first time in his hometown Thursday, June 7, at the Vollis Simpson Whirligig Park in Wilson. Food and beverages will be for sale. The rain location is the Edna Boykin Cultural Center. For more information, call 252-291-4329 or visit wilsonarts.com/all-performances.

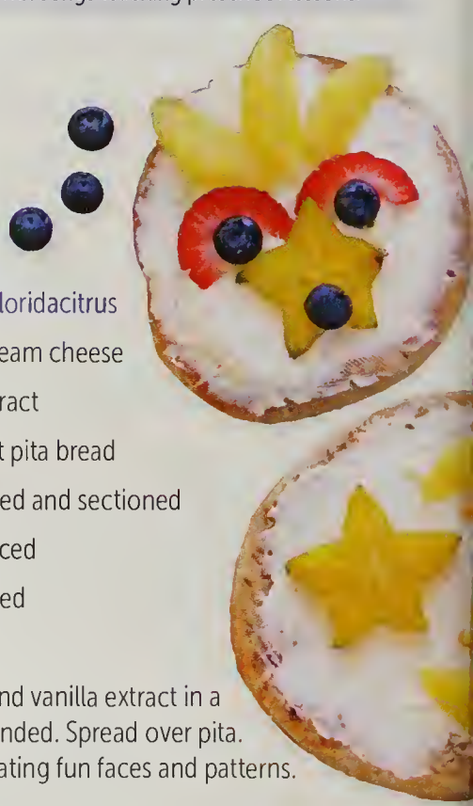


A GOOD READ

Mooseclumps

One of the best things about this award-winning book is its offbeat poems and illustrations, which make parents laugh along with their kids. The title poem, "Mooseclumps," introduces the reader to a narcissistic, grumpy feline who believes he's the king of all cats. "Little Big Cheeks" tells of a precocious little girl whose "cheeks were so big she couldn't open her eyes" and teaches children to be proud of the things that make them unique. The author/illustrator/video performer, Ryan T. Bliss, is a lawyer by day, and lives in Cary. "Mooseclumps" is hardcover, 58 pages, and available at amazon.com.

carolinacountry.com/extras
Bliss also recently launched a "Mooseclumps" YouTube video channel, with songs teaching preschool lessons.



Fruity Pizza

Recipe courtesy of bit.ly/floridacitrus

- 2 tablespoons light cream cheese
- 1 teaspoon vanilla extract
- 1 9-inch whole-wheat pita bread
- 1 Florida orange, peeled and sectioned
- ¼ cup strawberries, sliced
- ¼ cup cantaloupe, sliced
- ¼ blueberries

Combine cream cheese and vanilla extract in a mixing bowl until well blended. Spread over pita. Decorate with fruit by creating fun faces and patterns.

Yield: 1 serving

Note: Blueberries ripen in June in NC! For more yummy ways to use fresh blueberries, visit northcarolinablueberries.com.

HARBOR FREIGHT
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PITTSBURGH #1 SELLING JACKS IN AMERICA — SUPER COUPON

RAPID PUMP® 3 TON STEEL HEAVY DUTY LOW PROFILE SERVICE JACK

Customer Rating ★★★★★

- Weighs 73 lbs.

NOW $79.99

~~$97.99~~

COMPARE TO HUSKY $149.98 MODEL: H000120 | SAVE $69

ITEM 62326/61282/61253 shown

26709593

LIMIT 3 - Coupon valid through 9/30/18*

PREDATOR — SUPER COUPON

8750 MAX. STARTING/ 7000 RUNNING WATTS 13 HP (420 CC) GAS GENERATOR

Customer Rating ★★★★★

NOW $529.99

~~$599.99~~

- GFCI outlets

SUPER QUIET

COMPARE TO HONDA $2,699 MODEL: EM6500SXK2AT | SAVE $2,169

Wheel kit and battery sold separately

ITEM 68530/63086/63085 shown

ITEM 68525/63087/63088, CALIFORNIA ONLY

26723141

LIMIT 4 - Coupon valid through 9/30/18*

SUPER COUPON — FREE WITH ANY PURCHASE

PITTSBURGH AUTOMOTIVE

4" MAGNETIC PARTS HOLDER

- Non-Marring Base
- Stainless Steel

Hardware sold separately

COMPARE TO TITAN $5.99 MODEL: 11194

ITEM 62535/90566 shown

26705129

*Cannot be used with other discounts or prior purchases. Original coupon must be presented. Valid through 9/30/18 while supplies last. Limit 1 FREE GIFT per customer, per day.

SUPER COUPON — 20% OFF ANY SINGLE ITEM*

26680676

LIMIT 1 coupon per customer per day. Save 20% on any 1 item purchased. *Cannot be used with other discount, coupon or any of the following items or brands: Harbor Freight Tools membership, Extended Service Plan, gift card, open box item, 3 day Parking Lot Sale Item, air compressors, floor jacks, safes, saw mills, storage cabinets, chests or carts, trailers, trenchers, welders, Admiral, Ames, Bauer, Cobra, CompPro, Daytona, Earthquake, Fischer, Hercules, Icon, Jupiter, Lynx, Pauluhn, Predator, Tailgator, Viking, Volton, Zurich. Not valid on prior purchases. Non-transferable. Original coupon must be presented. Valid through 9/30/18.

U.S. GENERAL SERIES 2 — SUPER COUPON

NEW 44" x 22" DOUBLE BANK EXTRA DEEP CABINET

NOW $449.99

~~$479.99~~

COMPARE TO SNAP-ON $2,605 MODEL: KRA4813FPBO | SAVE $2,155

ITEM 64281 64134 64133 shown

26725398

LIMIT 5 - Coupon valid through 9/30/18*

EARTHQUAKE — SUPER COUPON

1/2" HEAVY DUTY COMPOSITE PRO AIR IMPACT WRENCH

950 FT. LBS. TORQUE BOLT BREAKAWAY

Customer Rating ★★★★★

- Weighs 5 lbs.

NOW $89.99

SAVE $160

~~$114.99~~

COMPARE TO CHICAGO PNEUMATIC $249.99 MODEL: CP7749

ITEM 62835

26726414

LIMIT 3 - Coupon valid through 9/30/18*

BADLAND Battle Tested — SUPER COUPON

2500 LB. ELECTRIC WINCH WITH WIRELESS REMOTE CONTROL

- Weighs 14.3 lbs.
- 11-1/8" L x 4-1/2" H

Customer Rating ★★★★

NOW $49.99

~~$69.99~~

COMPARE TO SUPERWINCH $179.99 MODEL: 1125220 | SAVE $130

Voted Best Winches

ITEM 61840/61297/63476/61258 shown

26727730

LIMIT 4 - Coupon valid through 9/30/18*

CENTRAL PNEUMATIC — SUPER COUPON

6 GALLON, 1.5 HP, 150 PSI PROFESSIONAL OIL-FREE AIR COMPRESSOR

- Air delivery: 2.5 CFM @ 90 PSI 3.4 CFM @ 40 PSI

NOW $99.99

~~$124.99~~

Customer Rating ★★★★

COMPARE TO DEWALT $169.99 MODEL: DWFP55126 | SAVE $70

ITEM 62511/62894/62380/68149/67696 shown

26741034

LIMIT 5 - Coupon valid through 9/30/18*

CENTRAL MACHINERY — SUPER COUPON

8", 5 SPEED BENCHTOP DRILL PRESS

Customer Rating ★★★★

NOW $49.99

~~$67.99~~

SAVE $53

COMPARE TO BUFFALO BLACK $102.99 MODEL: DPSUL

ITEM 62520/60238 shown

26748963

LIMIT 3 - Coupon valid through 9/30/18*

PITTSBURGH AUTOMOTIVE — SUPER COUPON

ATV/LAWN MOWER LIFT

- 300 lb. capacity
- Weighs 72.5 lbs.

~~$89.99~~

Customer Rating ★★★★½

NOW $79.99

COMPARE TO PRO LIFT $179.99 MODEL: T-6350B

SAVE $100

ITEM 60395/62325 62493/61523 shown

26754205

LIMIT 5 - Coupon valid through 9/30/18*

COVERPRO — SUPER COUPON

10 FT. x 20 FT. PORTABLE CAR CANOPY

Customer Rating ★★★★

NOW $99.99

COMPARE TO SHELTER LOGIC $205.99 MODEL: 23522 | SAVE $106

~~$129.99~~

ITEM 63054/62858 shown

26755729

LIMIT 4 - Coupon valid through 9/30/18*

HaulMaster — SUPER COUPON

- 1000 lb. capacity

18" x 12" MOVER'S DOLLY

Customer Rating ★★★★★

NOW $7.99

~~$10.99~~

COMPARE TO BUFFALO TOOLS $16.43 MODEL: HDFDOLLY | SAVE 51%

ITEM 61899/63095/63096 63098/63097/93888 shown

26757953

LIMIT 9 - Coupon valid through 9/30/18*

drill master — SUPER COUPON

Customer Rating ★★★★

4-1/2" ANGLE GRINDER

NOW $9.99

SAVE 61%

~~$14.99~~

COMPARE TO PERFORMAX $25.80 MODEL: 2411-1

ITEM 69645/60625 shown

26761160

LIMIT 8 - Coupon valid through 9/30/18*

Bunker Hill Security — SUPER COUPON

60 LED SOLAR SECURITY LIGHT

Customer Rating ★★★★½

Includes 6V, 900 mAh NiCd battery pack.

NOW $29.99

COMPARE TO EATON $48.94 MODEL: MSLED10OW | SAVE 38%

~~$39.99~~

ITEM 62534/69643 shown

26761476

LIMIT 5 - Coupon valid through 9/30/18*

GREENWOOD — SUPER COUPON

1-1/4 GALLON HOME AND GARDEN SPRAYER

Customer Rating ★★★★

NOW $8.99

~~$12.99~~

COMPARE TO ROUNDUP $18.71 MODEL: 190315

SAVE 51%

ITEM 63124/63145/95692 shown

26767292

LIMIT 9 - Coupon valid through 9/30/18*

CENTECH — SUPER COUPON

Customer Rating ★★★★

2/10/50 AMP, 12 VOLT BATTERY CHARGER/ ENGINE STARTER

NOW $29.99

SAVE 57%

COMPARE TO SCHUMACHER ELECTRIC $69.99 MODEL: SE-1250

~~$49.99~~

ITEM 60581/60653 shown

26774861

LIMIT 4 - Coupon valid through 9/30/18*

drill master — SUPER COUPON

80 PIECE ROTARY TOOL KIT

Customer Rating ★★★½

NOW $6.99

~~$9.99~~

COMPARE TO PROFESSIONAL WOODWORKER $24.81 MODEL: 01932 | SAVE 71%

ITEM 63292/63235/68986/97626 shown

26783191

LIMIT 9 - Coupon valid through 9/30/18*

SUPER COUPON

7 FT. 4" x 9 FT. 6" ALL PURPOSE/WEATHER RESISTANT TARP

Customer Rating ★★★★½

NOW $2.99

~~$4.89~~

COMPARE TO BLUE HAWK $8.58 MODEL: BB3X10-Y | SAVE 65%

ITEM 69249/69115/69137/69129/69121/877 shown

26783331

LIMIT 8 - Coupon valid through 9/30/18*

THUNDERBOLT MAGNUM solar — SUPER COUPON

100 WATT SOLAR PANEL KIT

Customer Rating ★★★★½

RENEWABLE ENERGY, ANYWHERE

2X MORE POWER

ITEM 64335 63585 shown

~~$199.99~~

NOW $149.99

COMPARE TO SUNFORCE $325.92 MODEL: 50180 | SAVE $175

26785551

LIMIT 4 - Coupon valid through 9/30/18*

PITTSBURGH — SUPER COUPON

Customer Rating ★★★★

LIFETIME WARRANTY

40 PIECE, 3/8" DRIVE SAE AND METRIC SOCKET SET

NOW $3.99

~~$4.99~~

COMPARE TO KOBALT $19.97 MODEL: 0388 | SAVE 80%

ITEM 63015/61328/47902/62843 shown

26785854

LIMIT 8 - Coupon valid through 9/30/18*

*Original coupon only. No use on prior purchases after 30 days from original purchase or without original receipt. Valid through 9/30/18.

At Harbor Freight Tools, the "Compare to" price means that the specified comparison, which is an item with the same or similar function, was advertised for sale at or above the "Compare to" price by another national retailer in the U.S. within the past 90 days. Prices advertised by others may vary by location. No other meaning of "Compare to" should be implied. For more information, go to HarborFreight.com or see store associate.

June events

State of Origin Beer Fest
June 9, Morganton

MOUNTAINS

Music on Main
Live music, crafts
June 1, Sparta
336-209-0475
sparta-nc.com

Get Outside Mountain Relay
Teams run in Allegheny County
June 1–2, Sparta
336-363-4984
getoutsidemountainrelay.com

Spring Farm Fest
Antique tractors, engines
June 1–2, Waynesville
828-593-8327
olesmokytractorclub.com

Open Studio Tour
Self-guided, meet artists
June 1–3, Spruce Pine
828-682-7215
toeriverarts.org

Liver Mush Festival
June 2, Marion
828-652-2215
lougeodfrey@frontier.com

Shagging at the Rock
Live bands
June 2, Blowing Rock
828-295-7111
theblowingrock.com

Forks & Corks
Samples, auction
June 7, Murphy
828-837-2242
cherokeecountychamber.com

Charity Horse Show
Saddlebred division
June 6–10, Blowing Rock
828-295-4700
brchs.org

State of Origin Beer Fest
Breweries across U.S.
June 9, Morganton
828-438-5252
fontaflora.com

Art in the Park
June 16, Blowing Rock
828-295-7851
blowingrock.com

Amantha Mill
Concert series
June 16, Todd
828-263-6173
toddnc.org

Farm Festival
Prizes, bluegrass
June 16, Morganton
828-584-3699
bearwdaylilyfarm.com

Car Show
Vintage Triumph vehicles
June 20, Blowing Rock
919-741-7954
triumphregister.com

Rhythm & Brews
Concert series
June 21, Hendersonville
800-828-4244
visithendersonvillenc.org

Made in the Mountains
Quilting, crafting
June 21–23, Blowing Rock
828-372-7024
themountainthreadcompany.com

Farms Tour
Tour family farmsteads
June 23–24, Western NC
828-236-1282 x 112
asapconnections.org

Wayne Henderson & Friends
Stories, bluegrass
June 30, Todd
828-263-6173
toddnc.org

ONGOING

TGIF Summer Concert Series
June 1, 8 & 15, Morganton
828-438-5252
morgantonfest.org

The Leader of the Pack
Musical life of Ellie Greenwich
June 22, 23, 29 & 30, Franklin
866-273-4615
greatmountainmusic.com

Oliver!
Musical about orphan boy
June 30–July 14, Burnsville
828-682-4285
parkwayplayhouse.com

Boeing Boeing
1960s French farce
June 2–16, Burnsville
828-682-4285
parkwayplayhouse.com

Art in the Hall
Paintings, collages
June 4–July 27, Morganton
828-438-5362
morgantonnc.gov

Book Sale
June 16–21, Brevard
828-885-8201
brevard-nc.aauw.net

Dinner & Bluegrass
Fridays, Lake Toxaway
828-553-8944
toxawaycc.com

PIEDMONT

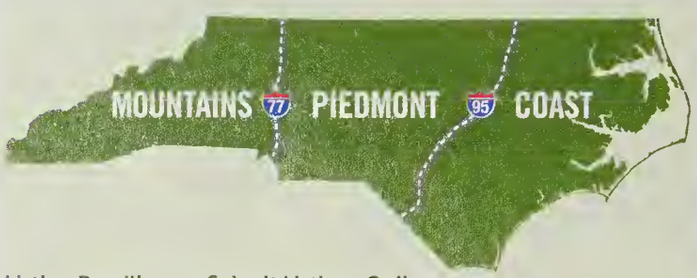
Blues-N-Brews Festival
Games, live music
June 2, Fayetteville
910-323-4233
bnb.cfrt.org

Run for the Legend 5K/10K
June 2, Fayetteville
910-643-2773
bit.ly/fb-legendrun

Garden Tour
Willow Creek area
June 2–3, Lexington
336-210-5365
davidson.ces.ncsu.edu

PAW Patrol Live
Pups, pirate adventure
June 5–6, Fayetteville
910-438-4100
crowncomplexnc.com

carolinacountry.com/calendar
See more events online with photos, descriptions, maps and directions.



Listing Deadlines:
For August: June 25
For Sept.: July 25

Submit Listings Online:
carolinacountry.com/calendar
(No email or U.S. Mail.)

Lizard Creek Jam & BBQ Battle
June 23, Henrico

Ocrafolk Festival
June 1–3, Ocracoke Island

Battle of Ramsour's Mill Walk
Period characters share stories
June 8–9, Lincolnton
704-732-9055
lincolnculturalcenter.org

Caswell's Steers & Cheers
June 16, Yanceyville
336-694-4013
bit.ly/fb-steers-cheers

Wizard Rock Concert
Reading celebration, band
June 16, Pilot Mountain
336-368-2370
nwrl.org

Heritage Festival
Music, military program
June 23, Yanceyville
336-421-0994
debbierascoe5@gmail.com

Lizard Creek Jam & BBQ Battle
Carnival games, music
June 23, Henrico
252-586-5711
lakegastonchamber.com

Last Fridays Concert Series
Crafts, food
June 29, Hillsborough
919-643-2500
hillsboroughartscouncil.org

ONGOING

Cat on a Hot Tin Roof
Wealthy family has secrets
June 1–10, Fayetteville
910-678-7186
gilberttheater.com

Thunder Over Carolina
Play about Battle of Ramsour's Mill
June 10–24, Lincolnton
704-732-9055
lincolnculturalcenter.org

Coast

First Friday Artwalk
June 1, Greenville
252-561-8400
uptowngreenville.com

Ocrafolk Festival
Music, storytellers
June 1–3, Ocracoke Island
252-921-0260
ocracokealive.org

Heritage Farm Fest
Demos, parade of horses
June 2, Edenton
252-489-0349
facebook.com/heritage.association1

Black Bear Festival
Family fun, bear appreciation
June 2–3, Plymouth
252-793-6627
ncbearfest.com

Concert Series
Beach music, food
June 5, Calabash
910-579-6747
calabashconcerts.com

The Lady Pirates of Captain Bree
Musical comedy
June 8–10, Oriental
252-571-5883
oldtheater.org

Color Run & Walk
5K benefit
June 9, Elizabethtown
910-876-3720
nwbladen@outlook.com

Racing & Demolition Derby
June 22–23, Newport
252-223-4019
newportfleamall.com

Grooves Music Festival
June 29, Greenville
252-561-8400
greenvillenc.gov

ONGOING

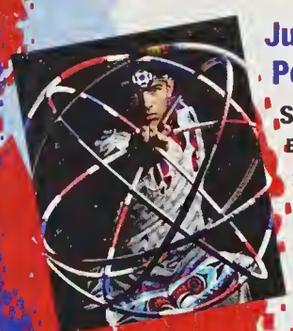
Park Concert Series
Sundays, Greenville
252-329-4567
greenvillenc.gov

Know Before You Go
In case something changes after Carolina Country goes to press, check information from the contact listed.

Promoting Culture, Pride, Unity and Community

lrda no boundaries...

2017-2018 Ambassadors



June 29th - July 7th, 2018
Pembroke, North Carolina

Saturday-Sunday, June 30-July 1
EVENT – Strike at the Wind (UNCP – GPAC)

Saturday, June 30
EVENT – Golf Tournament (Pinecrest Country Club)
Registration 7:30-8:30 am; Tee Off 9:00 am; Lunch 12:00

EVENTS – Saturday, July 7
Lumbee Outdoor Market (Monday-Saturday)
9:00 am (Food, Arts, or Crafts) – 636 Prospect Road
5K Run/Fun Walk (Kiwanis)
Southeastern Fitness Center – Registration 5:30 am - 6:45 am
Race starts at 7:15 am
Car Show – 8:00 am - 3:00 pm – 636 Prospect Road
UNCP Campus
Parade – 10:00 am – 636 Prospect Road
AISES Pow-wow – 12:00 noon – UNCP Quad
Outdoor Gospel Concert – 6:00 pm - 9:00 pm
LRDA Office Complex
Lumbee Fireworks Sky Show
9:00 pm – LRDA Office Complex

50th Annual Lumbee Homecoming

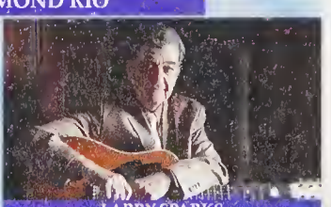
Sponsor: Lumbee Regional Development
Major Partner: University of NC at Pembroke
Host Hotel: Holiday Inn Express, Pembroke, NC

For all events go to:
www.lumbeehomecoming.com
910-521-8602

RED WHITE AND BLUEGRASS FESTIVAL
ROBESONIA · NORTH CAROLINA

July 4 - July 7, 2018

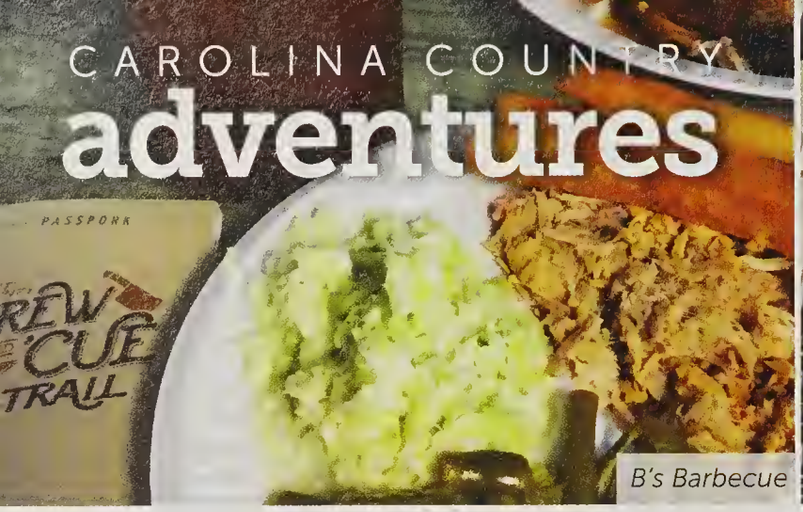
DIAMOND RIO


LARRY SPARKS

BALSAM RANGE

Regular Tickets	
Daily Admission	$ 30.00
Friday	$ 5.00 upcharge
Full Event Pass	$ 75.00
Reserved Seating	$110.00
Bluegrass Camp for Kids	$ 70.00
Camping	$ 35.00

Tickets and more information available at:
RedWhiteandBluegrassFestival.com



B's Barbecue

Skylight

On the Hunt for Legendary 'Cue

Discover slow-cooked pork and local brews in Pitt County

Text and photos by Renee C. Gannon

Everyone loves a scavenger hunt, and what better list to check off than one that involves vinegar-based, wood-smoked barbecue goodness and locally-brewed beer? Those up for the challenge can obtain the little brown booklet called a "PassPork," which lists barbecue restaurants and breweries along the Pitt County Brew and 'Cue Trail. If you need an incentive other than good food and drink, collect stamps at each location, show your completed list at the Greenville-Pitt County Visitors Center and take home either a trail T-shirt or pint glass. But bring cash for your meal—no checks or credit cards are accepted at most of the BBQ stops.

BBQ highlights

The capital of Eastern North Carolina BBQ, and some say "ground zero," is undoubtedly the **Skylight Inn** in Ayden, where the Pete Jones family has been serving up wood-smoked barbecue with just a hint of crackling for more than 70 years. Some say the Jones family started the pit-cooked goodness back in the early 1800s, and the old traditional ways continue. Grandson Sam Jones opened his own smokehouse BBQ restaurant in Winterville, **Sam Jones BBQ**, where he's added a few twists on classic dishes. Also in Winterville is **Moore's Old-Tyme Barbeque**, owned and operated by the Moore family, continuing a tradition of serving fall-off-the-bone, slow-smoked pork.

In downtown Ayden, you can find **Bum's Restaurant**, where the Dennis family has been serving wood-smoked pork with a bit of crackling in each scoop of 'cue since the 1960s, with the family tradition also dating to the 1800s. Locals also consider it the best place for country-style food, including collards.

Out in Farmville, **Jack Cobb and Son Barbecue Place** occupies a brightly painted building at the edge of downtown. This place is all about staying low-key. With the open floor (no seating inside), you can watch hushpuppy batter be spooned out of the bowl and into the fryer, then scooped out, patted dry and put into a paper bag for you to enjoy alongside a BBQ sandwich or plate.

In Greenville, the smell of wood-fired smoke floats in the air around the unassuming concrete block building that houses **B's Barbecue**. The Godley sisters took over the family business in 1978, but have kept true to their country roots that made B's a mainstay in serving BBQ, chicken and all the fixings. Also in Greenville, you will find three locations to enjoy **Parker's Barbecue**, a family business first opened in Wilson in 1946 and made famous with its slow-roasted, whole-hog barbecue.

Brews for you

Craft breweries have been exploding across North Carolina during the last decade. One of the first to come online in 2004 is The **Duck-Rabbit Craft Brewery** in Farmville, just down the road from Jack Cobb and Son. The brewery features a small tasting room with four beers on tap, with three taps seasonally rotated (the brewery's flagship beer, Milk Stout, remains on tap all year). You can enjoy a BBQ lunch from Cobb's with a seasonal dark beer at one of the picnic tables outside the tasting room.

New to the craft beer world are three Greenville establishments, located near East Carolina University. All offer various styles of craft beer, as well as open seating, patio and music on the weekends. The breweries are also family-friendly, with board games, darts and outdoor games available. **Trollingwood Taproom & Brewery**, the city's first, is located in the Dickinson Avenue Historic District. It is best known for its variety of oak barrel-fermented beers. The two newcomers are **Uptown Brewing Company** and **Pitt Street Brewing Company**, located in the uptown district. Both offer a variety of their own special beers as well as a large tap sampling of other craft beers from across the state.

Hit the Trail!

Greenville-Pitt County CVB
800-537-5564 | visitgreenvillenc.com

Greenville Visitors Center
417 Cotanche Street Suite 100

carolinacountry.com/extras
Find more information about these stops on the Brew and 'Cue Trail to start planning your adventure.

"To you, it's the perfect lift chair. To me, it's the best sleep chair I've ever had."

— J. Fitzgerald, VA

Sit up, lie down — and anywhere in between!

We've all had nights when we just can't lie down in bed and sleep, whether it's from heartburn, cardiac problems, hip or back aches – it could be a variety of reasons. Those are the nights we'd give anything for a comfortable chair to sleep in, one that reclines to exactly the right degree, raises feet and legs to precisely the desired level, supports the head and shoulders properly, operates easily even in the dead of night, and sends a hopeful sleeper right off to dreamland.

Our Perfect Sleep Chair® is just the chair to do it all. It's a chair, true – the finest of lift chairs – but this chair is so much more! It's designed to provide total comfort and relaxation not found in other chairs. It can't be beat for comfortable, long-term sitting, TV viewing, relaxed reclining and – yes! – peaceful sleep.

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Wild Plants for Wet Places

These native flowers love water-logged landscapes

Story and photos by L.A. Jackson

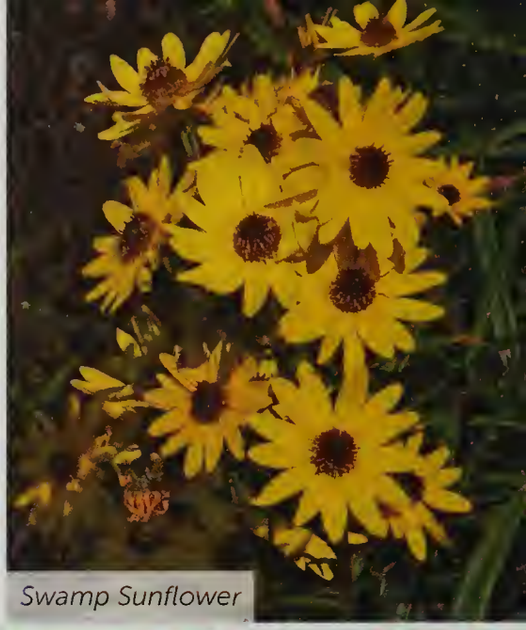
Whether you are thinking about jazzing up a rain garden (see "Wrestling Water in Your Landscape (and Winning)," May 2018, page 14) or just wondering what to do with a low-lying, mucky part of your yard, the solution can be the same: add fancy flowering plants that thrive in slop. In such areas, I normally go wild, meaning I'm a big fan of using native plants that are hardy for Carolina gardens. There are many indigenous pretties well suited for wet areas, but for a maximum show, I like to think big, so here are a few of my taller favorites:

Texas Star (*Hibiscus coccineus*). Also known as "swamp hibiscus," this perennial will make a Texas-size statement in a sun-drenched, water-logged landscape, reaching 6 to 8 feet tall and sporting large, 8-inch, five-pointed blooms deeply dipped in crimson. For extra eye candy, fans of narrow, palmate leaves add a touch of tropical sass to its summertime display.

Ironweed (*Vernonia noveboracensis*). True to its name, this is a tough beauty. Although it is an open, rather gangly plant, this perennial can grow to over 6 feet in height. When it flowers in mid-to-late summer, it is quite a sight covered in small, dark amethyst stars, which, in turn, are often covered in butterflies. This Vernonia showoff is the most common ironweed, but there are many more species within this genus worth researching that can also add their special dazzle to a damp landscape.

Swamp Sunflower (*Helianthus angustifolius*). Ever seen bright flashes of yellow, daisy-like flowers in roadside ditches late in the growing season? Chances are good they were swamp sunflowers, alternately tagged as "narrow-leaf" sunflowers. In a sunny, soggy location, this perennial stretches up to 6 feet tall and blooms to beat the band. With vigorously spreading rhizomes, this native can rapidly grab territory, so give it plenty of room or just whack it back to a proper perimeter every few years.

Sweet Pepperbush (*Clethra alnifolia*). Sometimes called "summersweet," this deciduous shrub can easily top out at 6 to 8 feet high and by midsummer, shines with vertical racemes of sprite-like, white, fragrant flowers. As a bonus, sweet pepperbush will put on a nice flower display even in marginal shade. Fall finds this native wrapped in a robe of pleasing yellow. If the straight species is too big for your needs, go with the popular cultivar "Hummingbird," which matures at a modest 3 feet tall and wide.



Swamp Sunflower

Texas Star

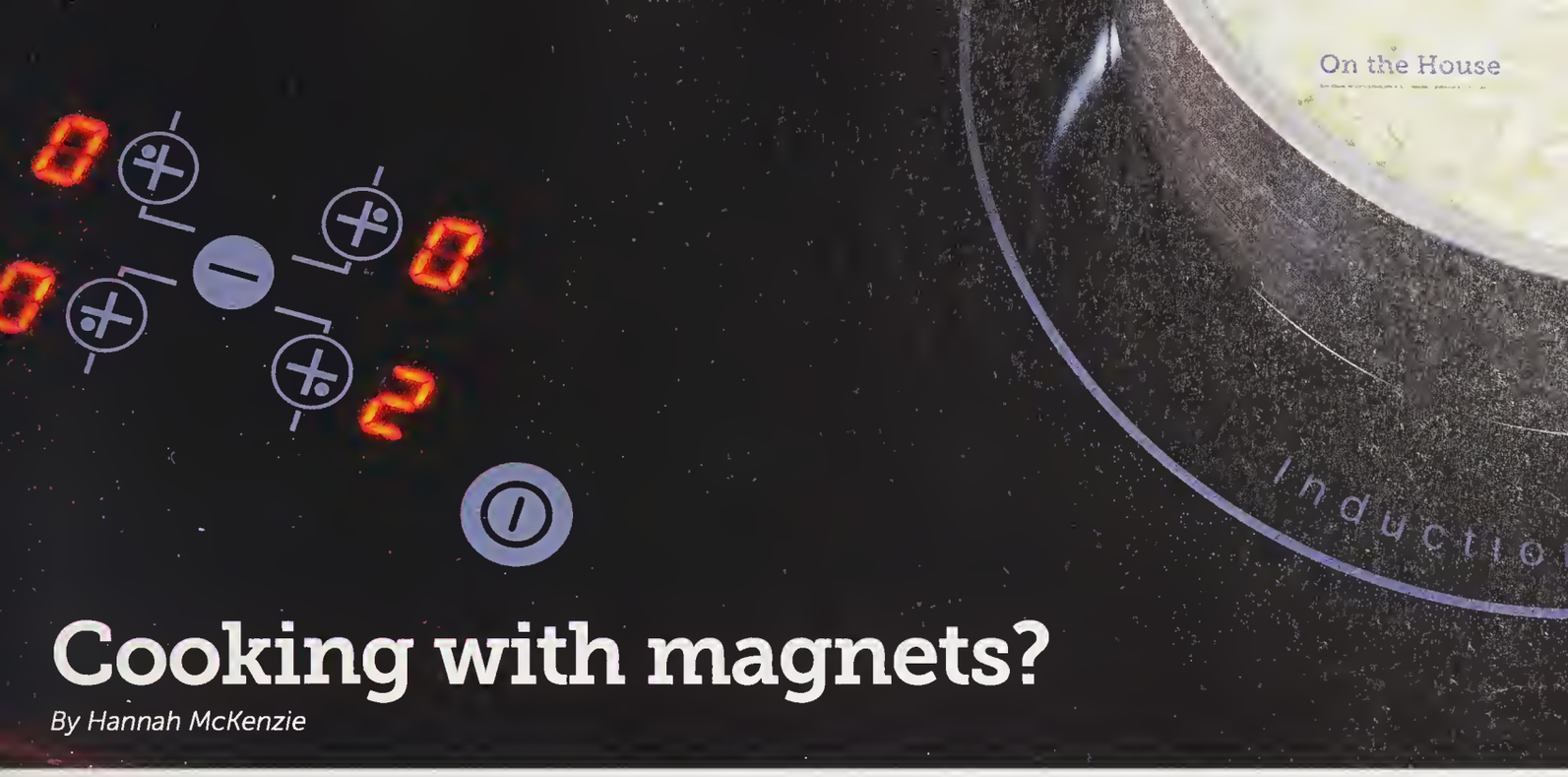
L.A. Jackson is the former editor of Carolina Gardener Magazine. Contact L.A. at lajackson1@gmail.com.

Garden To-Do's for June

The wild is not the place to "shop" for wild plants. This depletes natural populations, and the survival rate of dug-up specimens is much less when compared to natives that are properly propagated by professional plantsmen.

carolinacountry.com/extras
Visit us online for a list of quality commercial nurseries in the Southeast offering native plants.

- ☐ Herbs are usually at their harvesting best just before flowering when they contain the maximum in essential oils. Also, pick herbs early in the morning before the sun begins baking the plants.
- ☐ Add a light side-dressing of fertilizer to any veggies that have begun to set crops.
- ☐ Dry, scorching weather can cause blossom drop on hot and sweet peppers, so during extended arid times, irrigate regularly and even mist the plants' foliage once or twice a day with water.
- ☐ If you battle Japanese beetles with bait traps, be sure to place such attractants far away from plants that are susceptible to being damaged by these pesky little beasts.
- ☐ Rake up and discard any fallen fruit from underneath fruit trees now to discourage insects and diseases that could become problems later.



Cooking with magnets?

By Hannah McKenzie

Q: I am looking for a new range for my kitchen and stumbled upon induction heating as an option for the cooktop. I hear that induction cooktops use less energy than typical electric cooktops, but are they really worth the extra expense?

A: They may be. To start, let me break down what induction means. Electric ranges typically have either a radiant or an induction cooktop (but all bake and broil the same). When you turn on a radiant cooktop burner, electricity flows through a wire inside a heating element or below a sheet of glass, and the heat is radiated through the heating element or glass into the cookware.

Induction heat is generated from an alternating electric current traveling through a copper wire, which produces an electromagnetic field that, through a few more laws of science, generates heat in magnetic cookware. The cooktop surface will be hot only if hot cookware has radiated heat back to it. My favorite cookbook wouldn't burn on an induction cooktop burner because no heat will transfer to non-magnetic materials. This means your hand would be safe as well.

Induction cooktops have been gaining popularity in recent years as prices have dropped to around $900 for a freestanding unit. Ranges with radiant cooktops—coil and smooth surface—start at around $500. Technically speaking, induction cooktops are more energy efficient than radiant cooktops because they cook faster. However, the difference is not large enough to notice on an electric bill. Still, despite the price tag and only incremental energy efficiency improvement, there are a number of compelling reasons to consider induction cooktops for your kitchen:

- Cookware heats up nearly as fast as cookware on a gas cooktop.
- The smooth surface never gets as hot as a radiant smooth surface cooktop, so spills are much easier to wipe away.
- Safety can improve because heat is generated only in the cookware and not your hand or something flammable. I see these units being highly appealing in small spaces like a tiny home, RV or the kitchenette in your basement apartment.
- For individuals needing to sit while cooking, an induction cooktop without an oven below is quite thin and leaves more height for knce space than a radiant electric cooktop.

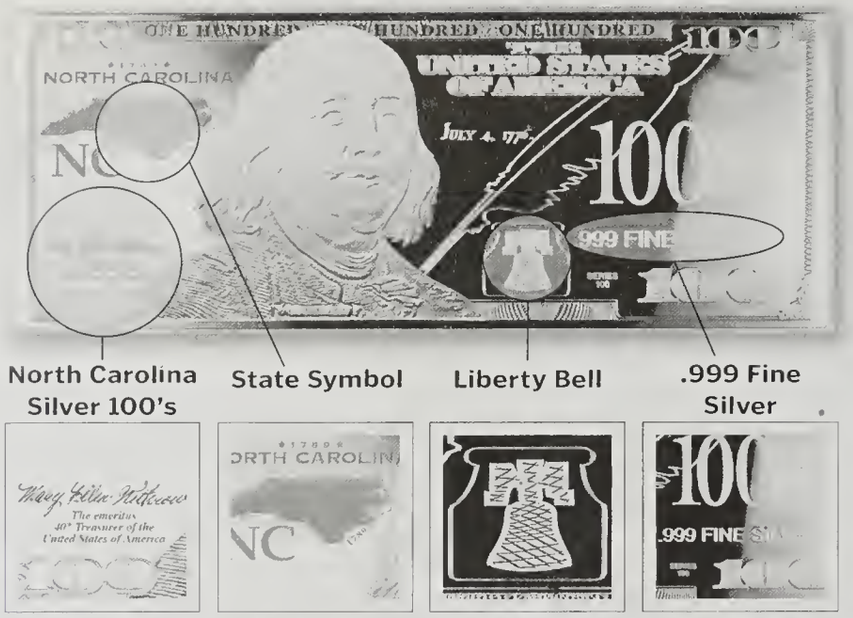
There are a few downsides to consider:

- Some folks may need to purchase new cookware. Maw Maw's seasoned cast-iron skillet will work perfectly, as will most stainless steel cookware, but other items may not. Check to see if your cookware will work by confirming that a magnet will stick to the bottom.
- Some people find the soft hum or buzz from the cooling fan and electric current to be annoying. For others, it may be no more bothersome than the hum of a toaster.
- Electromagnetic fields are generally considered safe for most people, including those with pacemakers, but check with your cardiologist to be sure. Digital thermometers and radios may also cease to function when close to the cooktop.

As with any technology or device new to you, read reviews, research options and ask friends. Even better, give induction cooking a test drive first with an affordable hot plate or countertop model.

Cooking with induction heat may feel like a magic trick from Harry Potter, but I assure you, any high school physics student will explain that it's just a basic principle of science. Happy cooking!

Hannah McKenzie is a building science consultant for Advanced Energy in Raleigh.



New North Carolina State Silver 100's to go quick

North Carolinans get 7 days to snap them up at just state minimum

When Mary Ellen Withrow, the Emeritus 40th Treasurer of the United States of America, tells you to do something, it's smart to listen. And when she says you can get the new North Carolina State Silver 100's at just the state minimum set by the Federated Mint, you better do it.

"It's like a modern day 'Gold Rush'," said Mary Ellen Withrow, the emeritus 40th Treasurer of the United States of America.

"Everyone wants to get their hands on the first and only North Carolina State Silver 100's now being handed over to North Carolina residents at just the state minimum set by the private Federated Mint before the deadline ends," Withrow said.

"But don't bother calling local banks and credit unions because they can't even get their hands on these brand new North Carolina State Silver 100's," Withrow said.

That's because these stunning, proof finish North Carolina State Silver 100's are not being released and minted by the U.S. Gov't. That's right; they're being released directly to North Carolina residents who beat the 7 day order deadline exclusively from the vaults of the private Federated Mint.

"But you better hurry because these full one ounce North Carolina State Silver 100's are struck in high relief .999 solid silver proof finish which is why everyone is snapping up as many as they can before the deadline ends," Withrow said.

"As Executive Advisor to the Federated Mint I get paid to deliver breaking news. So if you're a resident of the state of North Carolina you better call 1-866-637-3509 EXT. FMP819 right away because only those callers who beat the deadline are guaranteed to get these stunning North Carolina State Silver 100's at just the $99 state minimum set by the Federated Mint," Withrow said.

"Here's my advice. Don't wait to call. Pick up the phone right now and get as many of the new North Carolina State Silver 100's as you can before the deadline ends," said Withrow. ■

New North Carolina State Silver 100's handed over to state residents

North Carolina residents who find their zip code listed and are among the first callers who beat the 7 day order deadline are guaranteed to get the first and only North Carolina State Silver 100's at just the state minimum set by the Federated Mint

NON-STATE RESIDENTS Residents living outside the state of North Carolina must pay double the state minimum set by the Federated Mint

North Carolina - The phone lines are ringing off the hook.

"That's because the first and only North Carolina State Silver 100's in existence are actually being handed over at just the state minimum set by the private Federated Mint to North Carolina residents who find the first three digits of their zip code printed in today's publication," said Mary Ellen Withrow, the emeritus 40th Treasurer of the United States of America.

The only thing residents need to do is call the Toll Free Hotlines before the 7 day order deadline ends.

Everyone who does is getting individual North Carolina State Silver 100's at just the state minimum of $99 set by the Federated Mint. That makes the Vault Stacks (pictured in the bottom right hand corner of today's publication) each loaded with three North Carolina State Silver 100's a real steal.

■ **NORTH CAROLINA RESIDENTS GET 20 STATE SILVER 100'S FREE:** Pictured above is the new 50 State Silver 100's Collection™ shown off by officials from the Federated Mint. Lucky North Carolina residents who are among the first callers who beat the 7 day order deadline to claim the 50 State Silver 100's Collection are actually getting 20 State Silver 100's absolutely free, the custom made State Treasury Display Chest is $285, but it's absolutely free for North Carolina residents plus free shipping and free handling too. That means North Carolina residents cover just the $99 state minimum set by the Federated Mint for each of the remaining 30 State Silver 100's which is a real steal because it's saving every North Carolina resident a bundle today.

And here's the best part. North Carolina residents lucky enough to be among the first callers to claim the entire 50 State Silver 100's Collection™, pictured abo, are also getting 20 State Silver 100's absolutely free.

"I'm advising everyone in North Carolina who finds their zip code

(Continued on next page)

(Continued from previous page)

on today's Distribution List to get to their phones right now because the new North Carolina State Silver 100's are only being released to callers who beat the deadline," Withrow said.

Remember, this is not legal tender paper money issued by the U.S. Gov't. These historic North Carolina State Silver 100's are a magnificent adaptation of the United States Treasury's one hundred dollar Federal Reserve Note. They are the first and only North Carolina State Silver 100's struck in high relief .999 solid silver proof finishes released exclusively from the vaults of the private Federated Mint.

Just imagine how thrilled your children and grandchildren will be when you give them one of these impressive collections for their birthday, Christmas or any special occasion. Just be absolutely sure to keep the new .999 solid silver one ounce North Carolina State Silver 100's and numbered certificates of authenticity inside the protective acrylic cases they come in.

These protective acrylic cases are custom made to hold, secure and protect both the North Carolina State Silver 100's and the numbered certificates of authenticity in a heavy-duty transparent acrylic case that allows the North Carolina State Silver 100's to be viewed without ever being touched by human hands, thus preserving their pristine, original condition.

"We're bracing for all the calls and doing everything we can to make sure no one gets left out. So if lines are busy keep trying, all calls will be answered," said Withrow.

NORTH CAROLINANS CALL: 1-866-637-3509 and use **EXT. FMP819** if the first three digits of your zip code appear below

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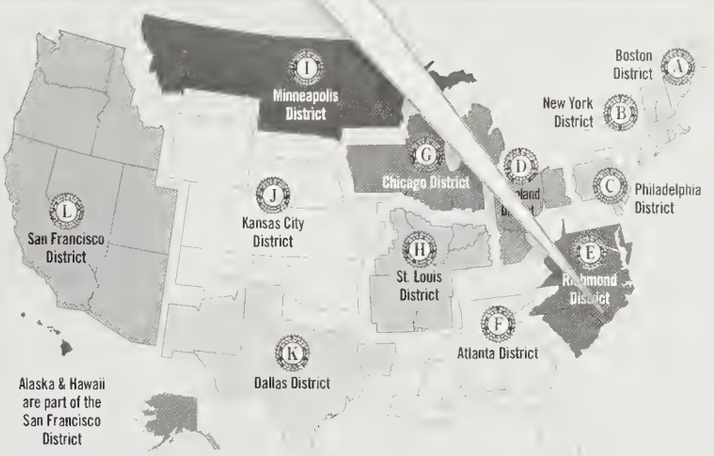

The Toll Free Hotlines open at precisely 8:30am this morning for North Carolina residents only. If lines are busy keep trying, all calls will be answered. If you miss the deadline you'll be turned away from this offer and forced to wait for future announcements in this publication or others, if any.

North Carolina residents who find the first three digits of their zip code on today's Distribution List above and call before the 7 day deadline ends are authorized to get individual North Carolina State Silver 100's at just the state minimum of $99 set by the Federated Mint. That makes the full Vault Stacks each loaded with three North Carolina State Silver 100's a real steal. And here's the best part. Every North Carolina resident who gets at least two Vault Stacks is also getting free shipping and free handling too. That's a real steal because non-state residents must pay over six hundred dollars for each Vault Stack. All U.S. residents living outside of the state of North Carolina must pay one hundred ninety-eight dollars for the North Carolina State Silver 100's.

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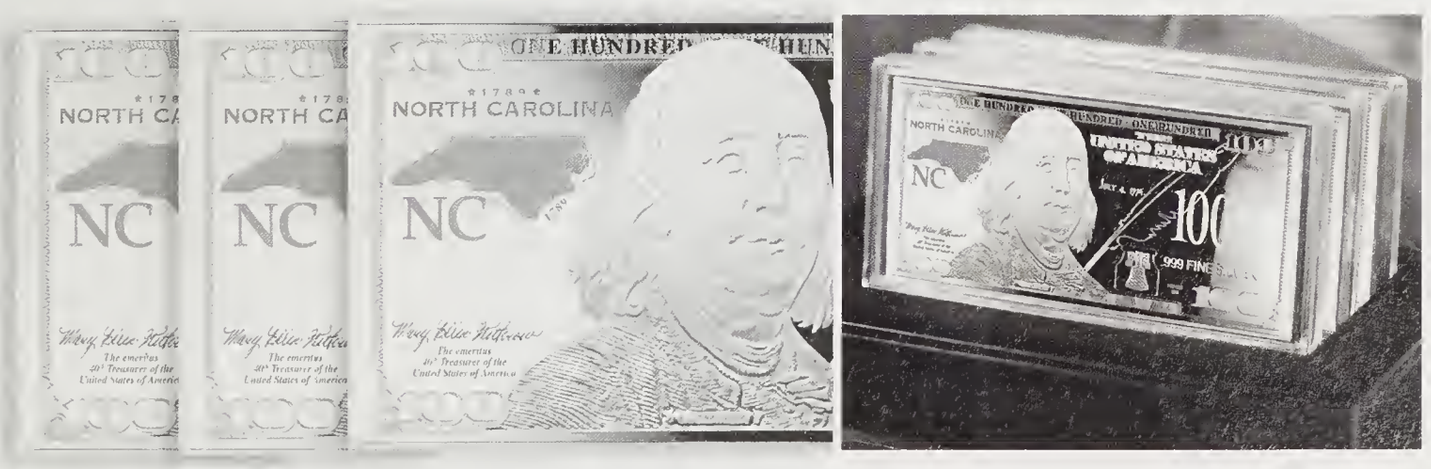

WHAT EVERYONE WANTS: Pictured left reveals for the very first time the individual North Carolina State Silver 100's struck in high relief .999 pure fine silver. Pictured right is a Vault Stack containing three of the only North Carolina State Silver 100's known to exist. Residents who find their zip code listed above are authorized to get individual North Carolina State Silver 100's at just $99 state resident minimum set by the Federated Mint. That's makes the full Vault Stacks each loaded with three North Carolina State Silver 100's a real steal. And here's the best part. Every North Carolina resident who gets at least two Vault Stacks is also getting free shipping and free handling too. That's a real steal because all non-state residents must pay over six hundred dollars for each Vault Stack.

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Where in Carolina Country is this?

Send your answer by Wednesday, June 6, with your name, address and the name of your electric cooperative.

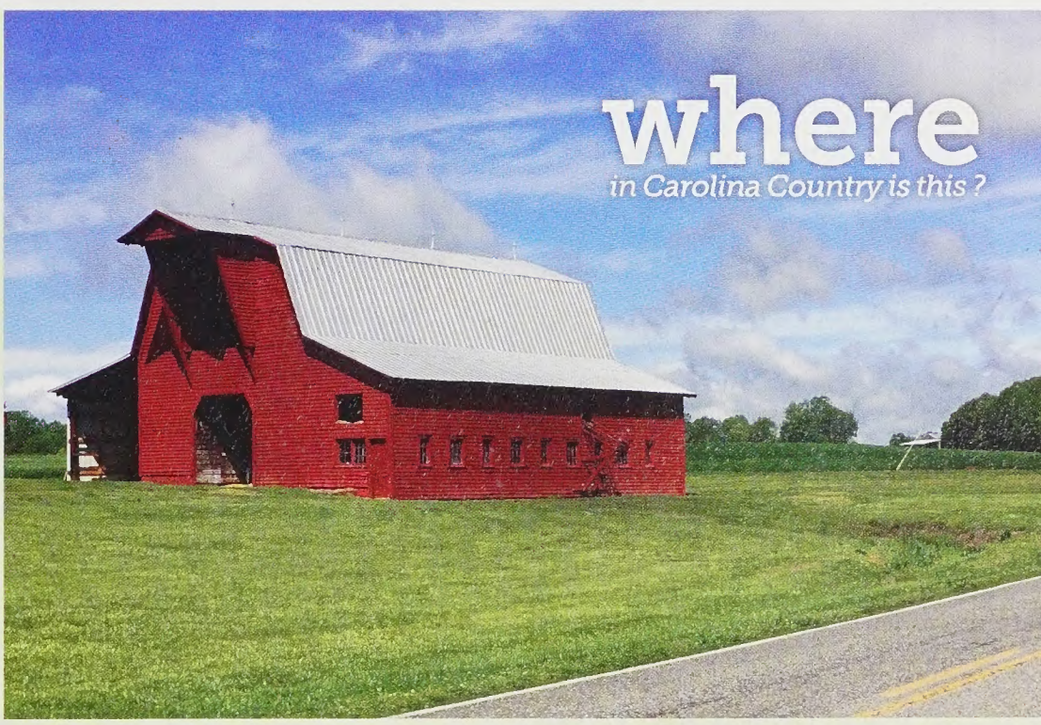
Online: carolinacountry.com/where

By mail: Where in Carolina Country?
P.O. Box 27306
Raleigh, NC 27611

Multiple entries from the same person will be disqualified.

The winner, chosen at random and announced in our July issue, will receive $25.

Have a roadside gem you'd like to share? Submit a photo, plus a brief description and general location information, at carolinacountry.com/where.



May winner

The May Where Is This photo from Lindsey Listrom, communications manager for North Carolina's Electric Cooperatives, features the Yarborough Ice Cream Shop on McIver St. in Sanford. The 3D mural featuring cows and milk jugs honors Fairview Dairy, a Sanford icon since 1928. The mural's artist, Chris Dalton, painted another mural in town that focuses on World War II. Both murals are among several more in a town some call Mural City USA, and are part of Sanford's Mural Art Trail initiative. The winning entry chosen at random from all the correct submissions came from Jeff Macy of East Bend, a Surry-Yadkin EMC member.

Key Lime Pie Ice Cream Bites

Sometimes, "just a little something" to finish off a summertime meal is all that's needed. Make these no-cook no-churn ice cream treats days ahead and just take out what's needed.

- 2 cups heavy whipping cream
- 1 (14-ounce) can condensed milk
- ¾ cup fresh Key lime juice*
- 1 cup roughly crumbled graham crackers
- 1 tablespoon lime zest
- ¼ teaspoon salt
- 1 tablespoon honey
- 1 (16-ounce) bag pretzel "snaps" squares (Snyder's)
- Caramel Magic Shell® topping

Beat the cream until stiff peaks form. Blend in milk and juice until well combined. Fold in crumbs, zest, salt and honey. Pour into container; cover and freeze overnight.

To assemble: Remove ice cream from freezer for 10 minutes. Lay out pretzels and top each with about 1 tablespoon of ice cream; top with another pretzel. Freeze in covered container until serving time.

Drizzle with magic shell and serve.

**Use "regular" (Persian) limes if Key limes not available*

Yield: About 4 to 5 dozen bites

carolinacountry.com/recipes
What's a Key lime, anyway? Wendy explains on our website, where you'll also find our archives of 500+ recipes, with a new one each week!

Grilled Southwestern Romaine Salad

Topped with NC Shrimp

Dressed up or down as you'd like, grilled romaine is as quick a side as you can fix... but watch it closely, it is ready in a flash!

- 2 pounds shrimp, peeled and deveined
- 1 tablespoon cumin
- 1 tablespoon brown sugar
- ¾ cup oil, divided
- Skewers
- 4 heads romaine lettuce, split lengthwise

3–4 of each:

- Ears corn, shucked
- Colorful peppers, cut in wedges
- Tomatoes, chopped
- Avocado, sliced
- Limes, cut in wedges

- 1 large red onion, diced
- 1 small can sliced black olives, drained
- 1 cup crumbled queso fresco

Dressing

- ½ cup vinegar-based BBQ sauce*
- 2 tablespoons honey
- Juice of ½ lime
- 1 teaspoon taco seasoning
- 2 teaspoons sour cream

Whisk dressing ingredients together until blended and set aside.

Toss shrimp with cumin, brown sugar and ¼ cup oil. Slide onto skewers. Grill over hot coals about 3–4 minutes on each side until done.

Brush lettuce with ¼ cup oil. Grill 1–2 minutes on each side just to get a light char. Remove to serving platter.

Brush corn and peppers with ¼ cup oil. Grill until corn is roasted and peppers are a bit charred. Remove and let cool. Cut corn from cob. Scatter toppings and shrimp about lettuce on platter.

Serve with dressing.

Yield: 8 servings

Unless otherwise noted, recipes on this page are from Wendy Perry, a culinary adventurist and blogger, who chats about goodness around NC on her blog at WendysHomeEconomics.com.

Grilled Marinated Tuna

With Herb Butter

- 8 tuna steaks
- ½ cup vegetable oil
- ⅓ cup soy sauce
- ¼ cup fresh lemon juice
- 1 teaspoon lemon zest
- 1 garlic clove, minced

Herb butter

- ¾ cup margarine or butter, softened
- 2 tablespoons minced green onion
- 2 tablespoons minced fresh parsley
- 1 tablespoon minced fresh tarragon
- 1 teaspoon Dijon mustard

Combine herb butter ingredients in a small bowl and set aside.

In a bowl, combine oil, soy sauce, lemon juice, lemon zest and garlic. Blend.

Place steaks in a single layer in a shallow baking dish. Pour marinade over them, reserving ⅓ cup. Marinate in refrigerator about 45 minutes, turning occasionally.

Drain fish. Discard used marinade. Place steaks in well-greased hinged grill. Cook about 4 inches from heat until done on one side, about 6 to 8 minutes. Baste with reserved marinade and turn. Cook on other side until done, about 6 to 8 minutes. Spread with herb butter.

Yield: 8 servings

Win This Book

This recipe comes from "Mariner's Menu" by NC seafood specialist Joyce Taylor, published by North Carolina Sea Grant. Submit your best coastal-themed recipe for a chance to win your own copy—the contributor whose recipe is published in our September 2018 issue will receive a copy of the cookbook.

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—Jenny Lloyd, recipes editor

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